



#### CAMINOS CAMINO DI SANTIAGO

type :	Self-Guided Hiking Tours Solo Holidays Caminos
level :	
duration :	9 days
period:	Apr May Jun Jul Aug Sep Oct
code:	FRSW550

## Camino de Santiago, Aire-sur-l'Adour to Saint Jean Pied de Port - France

### Camino de Santiago, Aire-sur-l'Adour to Saint Jean Pied de Port

9 days, PRICE FROM € 1015



The most well-known and described section of the French Way starts from **Saint-Jean-Pied-de-Port**, although only a small portion of it is actually in France. However, **this journey takes you along the Via Podiensis**, through the stretch that leads from the village of Aire-sur-l'Adour - known for its UNESCO Heritage church - to Saint Jean. Along the way, **you'll traverse a lush landscape of hills, Romanesque churches, monasteries, medieval chapels, and fortified villages**, including Navarrenx, among the most beautiful villages in France.

The journey continues **through forests and countryside with the Pyrenees in the background**, crossing the border into the French Basque Country. Here, you'll find the **Stele of Gibraltar**, where all the paths from France converge, until you reach the village of **Saint Jean**, at the foot of the Roncevaux Pass. Here, **savor a Basque cake to celebrate** - or to replenish your energy because, if you're not done yet, another Camino lies ahead of you.

## Route

### Day 1 Arrival in Aire-sur-l'Adour

The town of Aire-sur-l'Adour is a quiet market town by the river Adour. A settlement has existed here since roman times although it is only a trace of the name that still exists: the roman name was Atura, which later gave rise to Adour. The town extends south from here along rue Gambetta and rue Carnot, where you will find lots of small shops.

### Day 2 From Aire-sur-l'Adour to Arzacq 31 km

Your walking day to Arzacq Arraziguat wanders through lush green countryside with hamlets and ancient buildings such as medieval chapels and wash-houses ("lavoirs"). It is a demanding walking day, mainly due to its length rather than the difficulty of the trail. You will see your first view of the snow-capped Pyrenees today as you enter the department of the Pyrenees-Atlantiques. You will pass the magnificent 11th century Church of Miramont Sensacq formerly dedicated to St James. Pimbo is a "street bastide", stretching along a high narrow bridge. From here you enter the region called "Béarn". Arzacq Arraziguat is a bastide town built in the 11th century with two main squares and 2 "lavoirs".

Distance: 31 km

Elevation gain: +365 / -215 m

### Day 3 From Arzacq to Larreule, 12,3 km

Your walking day to Pomps gives you a magnificent scenery, with the Pyrenees to the south. The route takes you across rolling hills and past villages such as Louvigny and Larreule (the 10th century Benedictine Monastery was an important stop for medieval pilgrims) for your night.

Distance: 12,3 km

Elevation gain: +200 / -305 m

#### Day 4 From Larreule to Maslacq, 26 km

Today your walk takes you to Uzan, visit the beautiful rural church of Sainte Quitterie and a stone fountain. From Poms to Maslacq, passing Arthez-de-Béarn, with its distinctive Basque architecture. A few long uphill stretches will add some difficulty to this pleasant section of the trail.

*Distance:* 26 km

*Elevation gain:* +155 / -205 m

#### Day 5 From Maslacq to Navarrenx, 22 km

Your walk today ends with a long descent through a forest which will take you to the lovely walled town of Navarrenx, the first place in France to be fortified with Italian style ramparts in the 16th century. Navarrenx is also one of "les plus beaux villages de France". Over the centuries, the fortified wall of Navarrenx has retained its main features. From the top of the ramparts (for example, from the crenellation platform overhanging the Saint- Antoine gate), there is a pleasant view of the Pyrenees and, below, the arches of the bridge of Navarrenx (13th century).

*Distance:* 22 km

*Elevation gain:* +380 / -355 m

#### Day 6 From Navarrenx to Lichos, 13 km

Today your walks takes you through woodlands and peaceful countryside before reaching Lichos, and you will enter the French Basque Country.

*Distance:* 13 km

*Elevation gain:* +95 / -120 m

#### Day 7 From Lichos to Saint-Palais, 24 km

Stop at the Romanesque church of St Etienne in Aroue and make a detour off the path to see the lovely Romanesque church of St Just in Olhaiby. Be aware your accommodation in Saint-Palais will be slightly off the main track (Saint-Palais is about 4,5 km North of the GR65 including in your total distance today). As of the Stele (Scallop shell on the map here under), change the main GR65 heading towards Saint Palais (Path of "Gilbraltare" or "Xibaltare", now classified GR 654 and 655).

*Distance:* 24 km

*Elevation gain:* +340 / -310 m

#### Day 8 From Saint-Palais to Ostabat, 12,5 km

During your walk today you will pass the Stèle de Gibraltar, where all the Camino routes from France meet. Your walk then takes you across rolling countryside before reaching the chapel of Soyarce where you will get amazing views over the Pyrenees. Next you will reach the village of Ostabat, today a small village but an important stop for medieval pilgrims.

*Distance:* 12,5 km

*Elevation gain:* +230 / -230 m

#### Day 9 From Ostabat to Saint-Jean-Pied-de-Port, 21,5 km

Your last walking day today! Your walk will take you across the rural Basque Country before reaching St James Gate and entering the stunning medieval town (also "one of the most beautiful villages of France") of Saint-Jean Pied-de-Port, at the foothills of the Pyrenees. This village is a small border town on the river Nive but always busy with Camino pilgrims, as it is the starting point of the French Way to Santiago. The town has traditionally been an important point on the Way of St. James, the pilgrimage to Santiago de Compostela, as it stands at the base of the Roncevaux Pass across the Pyrenees. Pied-de-Port means 'foot of the pass' in Pyrenean French. The routes from Paris, Vézelay and Le Puy-en-Velay meet at Saint-Jean-Pied-de-Port and it was the pilgrims' last stop before the arduous mountain crossing.

*Distance:* 21,5 km

*Elevation gain:* +200 / -215 m

## Practical info

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#### Arrival in Aire-sur-l'Adour:

Aire-sur-l'Adour does not have a train station. Take a train to Mont-de-Marsan, coming from for example (Paris, Toulouse, Bordeaux). From Mont-de-Marsan you can take a bus to Aire-sur-Adour. Be aware, departure every 4 hours! Otherwise a taxi to Aire-sur-l'Adour is an option (approx. 45 minutes).

#### Departure from Saint-Jean-Pied-de-Port:

From Saint-Jean-Pied-de-Port you can take a train to reach Bayonne and on to various points in France (Pau, Bordeaux, ...) or Spain (San Sebastian, ...). These are the TER regional trains (approx. 1h05). From Bayonne you can take a 30 minutes bus to the airport in Biarritz and fly to points throughout Europe.

For timetables and further information check the website of SNCF or rome2rio for all French National trains (SNCF).

## Included

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### What is included

- 8 Nights in double room in \*\*/\*\* hotels , B&B and agriturismo with breakfast
- 8 dinners
- luggage transportation from hotel to hotel
- maps and detailed description of the itinerary
- Pilgrim Passport
- Medical and luggage travel insurance
- 24h phone assistance

### What is not included

- Transfers to the starting location and from the arriving location of the tour
- lunches and dinners, if not otherwise stated
- visits and entrance fees - tips
- personal expense
- possible sojourn taxes
- everything that is not mentioned in the "What is included" section.

### Optional Services

These services can be added to the ones included in the base price of the tour:

- Single room supplement
- cancellation insurance
- Transfers to reach the starting location or to leave the arriving location of the tour, which will be quoted on request.