

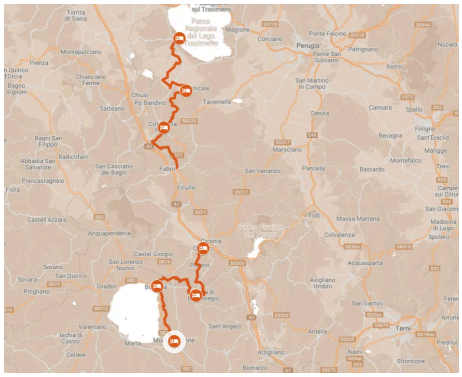
GASTRONOMY SUMMER

type :	Self-Guided Hiking Tours Caminos
level :	
duration :	8 days
period:	Apr May Jun Jul Aug Sep Oct
code:	ITSW590

Via Romea Germanica: Stage 3, Castiglion del Lago to Montefiascone - Italy

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8 days, PRICE FROM *€ 936*



Along one of Italy's oldest roads, in its most enchanting part: this **section of the Via Romea Germanica starts from Castiglion del Lago,** on Lake Trasimeno, and leads you to **Montefiascone**, a papal city and the beginning of the final leg of the Via Francigena. But what really matters is the journey - and in this, there's plenty to fill your eyes and heart with beauty.

From the peaceful village of **Città della Pieve** to Orvieto and its charming cathedral; from **Civita di Bagnoregio**, which seems to be suspended on its rocky spur, to Bolsena and its lake. From here, the Via Romea Germanica intersects with the Francigena: here, another story begins.

Route

Day 1 **Arrive in Castiglion del Lago**

Arrive in Castiglion del Lago and check in at the hotel. If you arrive early we suggest a **stroll of the village** and relax at the lake enjoying some white wine. The town owes its name to the symbol of the family that once ruled over it; in fact, Castiglione derives from Castellum Leonis (Castle of the Lion), later vulgarised into Castellioni. Castiglione del Lago is located along what was once an important communication route, squeezed between Orvieto to the south, Chiusi to the west and Arezzo to the north. Its position in such a disputed area between **the Etruscans and the Romans** caused the destruction of the original fortifications on numerous occasions, which were rebuilt several times.

Day 2 **From Castiglion del Lago to Paciano, 25 km**

It's a long walk through the plains and **hills between Lake Trasimeno and Lake Chiusi.** After stopping in Pozzuolo, continue walking along the ridge, bearing in mind that the historic route has been almost completely replaced by the current paved road – which you deliberately leave at times to rest your feet. The route dates back to the time of the Etruscans who used it to avoid the marshy and therefore unhealthy areas of the current reclaimed plains. A landscape to admire, very lively with **excellent views of the lakes** and the agglomerations of houses on small hills.

Distance: 25 km

Elevation gain: +440/-440 m

Day 3 **From Paciano to Città della Pieve, 17 km**

The route runs mostly on **dirt roads through the typical hills of Umbria.** It passes farms and small villages. Leaving Paciano the route follows a road full of hairpin bends halfway up Mount Petrarvella, in the middle of woods and olive trees, with remarkable villas and farmhouses. You reach San Donato and the Church. A beautiful cart track, leads to the first houses of **Città della Pieve** and then to its beautiful centre.

Distance: 17 km

Elevation gain: +580/-470 m

Day 4 From Città della Pieve to Fabro Scalo and train to Orvieto,15 km

You leave Città della Pieve at Porta Orvieto. A gravel road going downhill leads to the valley of the Chiani stream. Underpassed the SP 308 go down for about 4 km. Halfway there, the **Madonna degli Angeli church** is worth a visit. Walking along quiet country roads you reach the small village of Santa Maria, a hamlet of Monteleone d'Orvieto and later on Fabro Scalo. From here a short train ride will take you to Orvieto. **Orvieto rises on a tufa cliff** between 280-325 m above sea level, dominating the valley of the Paglia river, a right-hand tributary of the Tiber, and which just below the town receives the Chiani, the Roman Chiana coming from the Val di Chiana, from the left.

Distance: 15 km

Elevation gain: +110/-370 m

Day 5 From Orvieto to Bagnoregio, 17 km

The route passes through the typical rural landscape of central Italy and runs along dirt and country roads. Along the route we suggest the visit of a Cappuccini Convent and the village of Porano. Coming from the calanchi and Lubriano, the ancient inhabitants entered through the Bucaione, the access tunnel dug directly into the sedimentary rock of the mountain. Situated in an isolated position, **Civita di Bagnoregio** today it is usually only accessible via the concrete footbridge built in 1965. A visit to the city is exciting because of the structure, but even more so because of the lack of inhabitants, replaced by the hundreds of visitors. The cause of its isolation is the progressive erosion of the hill and surrounding valley, which gave rise to the unique landscape of the calanchi (gullies); a phenomenon that continues to this day, risking the disappearance of the hamlet; therefore Civita is also called **'the dying town'.**

Distance: 17 km

Elevation gain: +635/-608 m

Day 6 From Bagnoregio to Bolsena, 16 km

The route passes through the typical rural landscape of central Italy and runs along dirt and country roads. From here you will descend into a volcanic crater and you will continue along dirt tracks, alternating thick woods with meadows scattered with olive trees, before reaching Bolsena. If you are curious to see proof of the miracle of the Corpus Domini, for which Bolsena is famous, in the Cappella del Miracolo some marble slabs stained by the blood pouring from a Host in the thirteen century are kept. If, instead, you are more interested in the typical cuisine. you can taste the **products offered by the lake,** such as the Sbroscia, a local soup made from lake fish and tomatoes.

Distance: 16 km

Elevation gain: +350/-445 m

Day 7 From Bolsena to Montefiascone, 17 km

Today you walk from Bolsena along the crest of the hills surrounding the east part of the lake. Arrive in Montefiascone, a nice village situated on a prominent position from where you have a great **panoramic view of the lake** , of the surrounding plain and of the Cimini Mountains. The Fortress of the Popes in Montefiascone is worthwhile a visit. Dinner on your own in one of the restaurants in town.

Distance: 17 km

Elevation gain: +607/-374 m

Day 8 Arrivederci Montefiascone

Last day is included. Service ends after breakfast.

Practical info

On 'arrival the nearest train station is Castiglion del Lago. Online timetables at www.trenitaila.com

On departure from Montefiascone reach the station at Zepponami by local bus and take the train to the stazoini of Florence,Pisa or Rome. Online timetables at www.trenitaila.com

Thanks to our special APP, you will be able to follow the track of the whole trip on your mobile phone, with no need for internet. GPS tracks are available on request.

Included

What is included

- 7 Nights in double room in **/*** hotels , B&B and agriturismi with breakfast
- luggage transportation from hotel to hotel
- maps and detailed description of the itinerary in digital form, app
- Pilgrim Passport
- Medical and luggage travel insurance
- 24h phone assistance

What is not included

- Transfers to the starting location and from the arriving location of the tour
- lunches and dinners, if not otherwise stated
- visits and entrance fees - tips
- personal expense
- possible sojourn taxes
- everything that is not mentioned in the "What is included" section.

Optional Services

These services can be added to the ones included in the base price of the tour:

- Single room supplement
- cancellation insurance
- Transfers to reach the starting location or to leave the arriving location of the tour, which will be quoted on request.
- official camino guidebook, shipped to the first hotel
- travel documentation in printed form (maps and detailed description of the itinerary), shipped to the first hotel