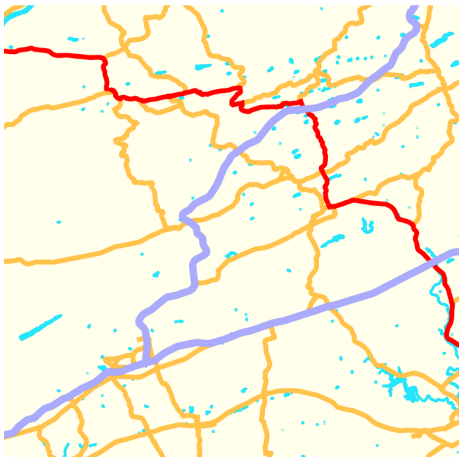




SOFT ADVENTURES SPRING & AUTUMN	
type :	Solo Holidays Caminos Hiking Tours Self-Guided
level :	
duration :	8 days
period:	Mar Apr May Jun Jul Aug Sep Oct
code:	ITSM380E

Via Francigena Easy: Stage 8, Viterbo to Rome - Italy

8 days, PRICE FROM € 948



Prepare to be spellbound as you walk the final stretch of the Northern Via Francigena. Along the **Via Francigena last 100 km**, you will encounter extraordinary surprises: an ancient Etruscan road just outside Viterbo, a Roman amphitheatre carved into tufa stone, and traces of ancient towers rising among chestnut canopies. Wander through enchanting forests, discover hidden waterfalls, and find Roman relics concealed among the rocks and trees.

Welcome to Tuscia, the land of the Tusci—the Etruscans—where every turn reveals something unexpected and heightens the anticipation as you approach the majestic city of Rome.

On the concluding leg of your journey, admire the awe-inspiring dome of St. Peter's, clearly visible from Monte Mario park. Your footsteps will then lead you through vibrant Vatican streets and beneath the iconic colonnade of St. Peter's Square.

Route

Day 1 Arrival in Viterbo

Discover the historical wonders of **Viterbo, the once-sacred seat of the Pontiff**. Feast your eyes on the grandeur of the Popes' loggia and find solace in the serene cloisters of Santa Maria Nuova, an ancient gem nestled in the heart of the town. Allow the echoes of time to guide your reflections within these sacred walls.

Delight in a playful scavenger hunt for the **emblematic Lion, the town's proud symbol**, adorning various buildings. As you embark on this adventure, raise a toast to the impending pilgrimage in the charming pilgrim's quarter, where the local cuisine beckons with tantalizing flavors. Can't decide? Indulge in the rich and savory acquacotta, a culinary masterpiece that encapsulates the essence of Tuscia's gastronomic tradition. Let your taste buds be your guide through the delectable journey that awaits you.

Day 2 Transfer from Viterbo to San Martino al Cimino, walk to Vetralla, 14 km

After breakfast you take a short transfer to San Martino al Cimino, from where you start walking towards Vetralla.

Embark on the initial stretch of your adventure, leading you to the quaint **village of Vetralla, nestled in the heart of the ancient Etruscan expanse**. Upon reaching your destination, indulge in a delightful reprieve with a snack featuring **rustic bread paired with the region's exquisite extra-virgin olive oil**.

Immerse yourself in the charm of Vetralla as you wander through the labyrinthine alleyways of the old town center. Let the echoes of history guide your footsteps, unveiling the secrets and stories woven into the fabric of this enchanting locale.

Distance: 14 km

Elevation gain: +180/-430 m

Day 3 Transfer from Vetralla to Capranica, walk to Sutri, 8 km

After breakfast you take a short transfer to Capranica, from where you start walking towards Sutri.

Continuing your journey through the **lush countryside of Lazio**, you'll arrive at **Sutri, a petite town teeming with captivating attractions**. The Roman amphitheatre, hewn entirely from **tufo**, stands as an unmissable spectacle. Contemplate whether to recline on the terraces or ascend the stage, but before departing, don't forget to leave your mark in the visitors' register—it holds significant value for the custodian, and should he be present, he'll extend a gracious invitation to do so.

Venture next to the **church of Santa Maria del Parto**, where tufo walls serve as a canvas for remarkably well-preserved frescoes. Seek out the depiction of a group of pilgrims amidst the images, engaged in prayer with their walking sticks in hand, a poignant testament to the timeless tradition of pilgrimage.

Distance: 8 km

Elevation gain: +100/-215 m

Day 4 Transfer from Sutri to Monterosi, walk Campagnano, 14 km

After breakfast you take a short transfer to Monterosi, from where you start walking towards Campagnano

Embarking from Monterosi, the path unfolds towards Campagnano, offering a scenic journey alongside the **captivating Mount Gelato Waterfalls**. Take a pause and refresh your spirits with a revitalizing dip in these natural cascades. The route continues through a panoramic road within the **Veio Nature Park**, guiding you to the gates of Campagnano.

Upon arrival, find solace in the serene Venturi Park, home to a venerable **three-hundred-year-old Yew tree affectionately known as the "Tree of Death"** by locals. Fear not, as you can comfortably bask in its shade without any ominous connotations.

Should the distance seem daunting, ease your concerns – brief stretches by public transport are available to tailor the journey to your preferences. Your adventure remains customizable, ensuring both exploration and relaxation align harmoniously on your pilgrim's path.

Distance: 14 km

Elevation Gain: +180/-180 m

Day 5 From Campagnano to Formello, 9 km

Leaving Campagnano behind, your odyssey unfolds through the picturesque **Veio Nature Park**, adorned with wooded hills that set a tranquil backdrop for your expedition. Soon, you'll traverse into the captivating **Valle del Sorbo**. En route, **take in the splendor of the Sanctuary of the Madonna del Sorbo**, a testament to both faith and natural beauty.

As you journey further, **the quaint old town center of Formello beckons with its elegant medieval architecture**. Allow your gaze to wander over fine medieval buildings, each one whispering tales of history and craftsmanship. The blend of nature's serenity and historical charm creates a harmonious ambiance, making this leg of your pilgrimage a truly enchanting experience.

Distance: 9 km

Elevation Gain: +215/-270 m

Day 6 From Formello to La Giustiniana, 15 km

Departing Formello, your journey leads you to the **charming village of Isola Farnese**, perched delicately on a cliff enveloped by lush woods. Here, **the majestic Castello Farnese** reigns supreme, offering panoramic views of the surrounding valleys. Booking a visit online provides an opportunity to explore the castle and immerse yourself in its historical richness.

The final leg through the Roman countryside unfolds, guiding you to the **tranquil hamlet of Giustiniana**, where your overnight respite awaits. Embrace the rustic charm and serenity of this small enclave, providing a perfect setting to reflect on the remarkable experiences and landscapes encountered thus far on your pilgrimage.

Distance: 15 km

Elevation Gain: +215/-290 m

Day 7 From La Giustiniana to Rome, 10 km

As you approach the grand finale of your pilgrimage, the **bustling metropolis of Rome** unfolds before you, bringing with it the unavoidable presence of heavy traffic along the final stretch. However, fear not, for the belvedere di **Monte Mario** awaits, offering a **breathtaking panorama that makes the entire journey worthwhile**. From this vantage point, the **iconic dome of Saint Peter's** emerges, a sight that will swiftly erase the chaos of the big city from your memory.

Descend gracefully towards Piazza San Pietro, the culminating point of your odyssey and the entirety of the Northern Via Francigena. Capture the triumphant moment with a photograph in front of the magnificent Basilica, a testament to your resilience and the richness of your pilgrimage.

Now, it's time to revel in the joy of accomplishment. Celebrate the journey's end by indulging in the flavors of Rome – savor succulent spring lamb, relish the robust taste of pecorino romano cheese, and perhaps treat yourself to the delightful sweetness of a maritozzo with cream. You've earned it! Cheers to the completion of an extraordinary pilgrimage along the Northern Via Francigena.

Distance: 10 km

Elevation Gain: +145/-270 m

Day 8 Departure from Rome

Last day included. Service ends after breakfast.

Practical info

**ON ARRIVAL:**

From any of the airports indicated (PEG, FLR, CIA, FCO), you can reach the central train station by public transport, and then take a train to Viterbo. Trains are direct from Rome, whereas you need to change either once or twice if you are travelling from Perugia or Florence.

ON DEPARTURE:

From Rome, you can reach the main airports by either bus or train.

Included

What is included

- 7 Nights in double room in **/** hotels , B&B and agriturismo with breakfast
- Transfers as per itinerary
- Luggage transportation from hotel to hotel (1 item per person, max 20 kilos, size 65x40x30 cm)
- Official guide of the route, App
- Pilgrim Passport
- Medical and luggage travel insurance
- 24h phone assistance

What is not included

- Transfers to the starting location and from the arriving location of the tour
- Lunches and dinners, if not otherwise stated
- Visits and entrance fees - tips
- Personal expense
- Possible sojourn taxes
- Everything that is not mentioned in the "What is included" section.

Optional Services

These services can be added to the ones included in the base price of the tour:

- Single room supplement
- Cancellation insurance
- Transfers to reach the starting location or to leave the arriving location of the tour, which will be quoted on request.