

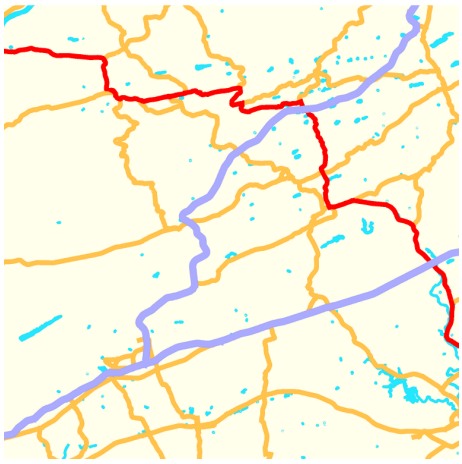
WALKING SUMMER

type :	Hiking Tours Self-Guided With your dog
level :	
duration :	6 days
period:	Jun Jul Aug Sep
code:	ITSW680

Tour des Six - Monte Rosa - Italy

Monte Rosa - Tour de Six

6 days, PRICE FROM *€ 642*



Set between the great peaks of the **Italian Alps, between the Matterhorn and Monte Rosa, the Tour des Six is a hut-to-hut walk that offers an immersive journey through one of the most striking mountain landscapes of the Aosta Valley**. Over the course of just under a week, you cross high passes and alpine valleys entirely on foot, spending each night in a different mountain hut.

Day after day, the scenery changes: snow-capped summits rise above green pastures, rocky slopes alternate with wide mountain views, and silence is broken only by the sound of wind or distant bells. **Walking the tour des six at this altitude sharpens the senses** — if you slow down, you may spot an alpine marmot, a soaring bird of prey or the vivid colours of high-altitude flowers and butterflies.

Evenings are spent in welcoming huts, where simple comfort, hearty local food and a glass of regional wine or beer mark the natural end of each day. **The Tour Des Six is shaped by walking, altitude and light** — a rewarding alpine experience for those who want to explore the mountains at a human pace.

Route

Day 1 Extra Day Pre Tour

If you wish to start the walk at a more relaxed pace, you can add an extra night before the trip begins in either Aosta or Champoluc.
This allows time to arrive comfortably, recover from travel, and enjoy the mountain setting before heading onto the trail. Both locations offer a pleasant introduction to the region, with opportunities for a short walk, a good meal, or simply some rest before the journey starts.

Day 2 Walk from Champoluc to Ferraro Hut, 8 km

You arrive in the mountain village of Champoluc, in the Val d'Ayas, set at almost 1,600 metres above sea level. From the centre of the village, the walk begins gently, leading past a scenic waterfall and gradually climbing toward the Walser settlement of Mascognaz, a cluster of traditional wooden houses surrounded by open alpine meadows.

The path continues through forested sections to Crest, a small mountain hamlet where you will return later in the journey for an overnight stay. From here, the route passes beneath the cable car and, via the hamlet of Sousun, climbs steadily to Rifugio Ferraro, your destination for the night.

If you prefer a shorter first day, you can reduce the walk to around 5 km by taking the cable car from Champoluc up to Crest.

Distance: 8 km

Elevation Gain: +680/-180 m

Day 3 Walk from Ferraro Hut to Grand Tournalin Hut, 6,5 km

From the hut, you descend to the village of Saint-Jacques-des-Allemands, tucked away at the far end of the Val d’Ayas. After a short stretch through the valley floor, the path climbs again on the opposite side, and signs of settlement quickly fade away.

As you gain height, the landscape becomes increasingly alpine. Your overnight stay is in a mountain hut set in a natural hollow, surrounded by high peaks at over 2,500 metres — a remote and atmospheric location where the sense of being deep in the mountains is unmistakable.

Distance: 6,5 km

Elevation Gain: +850/-360m

Day 4 Walk from Grand Tournalin Hut to Vieux Crest Hut, 8,5 km

If you feel up to it, the day can begin with a rewarding ascent to the Col de Nannaz, where clear weather offers wide, open views across the surrounding peaks. After the pass, the route descends before tackling a steeper climb through pine forest, leading to the glacial Lac Lochien at 2,276 metres.

From the lake, the scenery opens dramatically, with magnificent views of the Monte Rosa massif and the Matterhorn (Cervino) dominating the horizon. A long descent then brings you back into the Valle d’Ayas.

From here, you can take a local bus back to Champoluc, or, if you still have energy, continue walking to the village in about 30–40 minutes. After restocking your supplies at a local supermarket, the day ends with a final climb up to Rifugio Vieux Crest. If you prefer a more relaxed finish, this last ascent can also be done by cable car.

Distance: 8,5 km. Col de Nannaz: *3 km*

Elevation Gain: +170/-1100. Col de Nannaz: *+240/-240 m*

Day 5 Walk from Vieux Crest Hut to Alpenzu Hut, 9,5 km

A serious climb awaits you this morning to the Colle di Pinter, at an altitude of almost 2,800 meters. Fortunately, you'll be rewarded with phenomenal views: on one side, the Val d'Ayas, where you've just come from, and on the other, the Val del Lys, into which you'll be descending. As you descend, the view of the Monte Rosa glacier becomes increasingly clear. The local Walser culture in this part of the Val del Lys is unique; in the Middle Ages, this Germanic nomadic people settled in the area because of the opportunities for high-altitude agriculture. The architecture and dialect still bear the Walser stamp. The Alpenzu Hut, where you'll spend the night today, is a prime example.

Distance; 9,5 km

Elevation Gain: +830/-980 m

Day 6 Walk from Alpenzu Hut to Arp Hut, 9,5 km

The day begins with a gentle walk across green mountain pastures high above Gressoney, offering wide views over the valley below. The ascent is gradual at first, allowing you to settle into a steady rhythm, before becoming steeper as the path climbs out of the Val del Lys.

The highest point of the day is the Colle di Valnera, at almost 2,700 metres, a striking mountain pass surrounded by open alpine terrain. From here, the route continues through a rugged landscape scattered with crystal-clear mountain lakes, before reaching Rifugio Arp, set in a remote and impressive high-altitude setting.

Distance: 9,5 km

Elevation Gain: +910/-280 m

Day 7 Walk from Arp Hut to Champoluc, 10 km

It’s the final day of your mountain journey. As you may expect after yesterday’s climb, today’s route is mostly downhill, with a steep descent from the high alpine terrain.

The first section stays above 2,000 metres, crossing an impressive mountain landscape before the view gradually opens back onto the Val d’Ayas. Step by step, the scenery softens, and the path leads you down into the green surroundings of Champoluc, where the walk comes to an end.

We highly recommend taking time here to relax on a terrace and enjoy a well-earned drink — a fitting way to close an unforgettable alpine adventure.

Distance: 10 km

Elevation Gain: +420/-860 m

Practical info

How to get there

Arrival in Champoluc
The nearest airports are Turin, Aosta, and Milan, all of which offer good connections to the Aosta Valley. From the airport, you can continue your journey by train toward the town of Verrès.

If you arrive by train in Verrès, Champoluc can be reached by bus or taxi. Regular bus services connect Verrès with the Val d'Ayas; for up-to-date timetables, please consult the Italian version of www.vitagroup.it. Taxis are also available for a more direct transfer.

We recommend allowing enough time for this final transfer, as services are less frequent in the mountains.

How to leave

Departure from Champoluc
At the end of the walk, you return to Champoluc, where the tour concludes. **From here, take a bus or taxi back to Verrès,** following the same route as on arrival.

From Verrès, regular train connections allow you to continue on to Turin, Milan, or onward to your departure airport.

Included

The price includes:

- 5 overnight stays in mountains huts with breakfast
- 5 dinner
- 5 packet lunch
- maps and detailed description of the itinerary in digital form, app
- Medical and luggage travel insurance
- 24h phone assistance

The price does not include:

- Transfers to the starting location and from the arriving location of the tour
- Luggage transport from hotel to hotel (not possible)
- Visits and entrance fees - tips
- Personal expense
- Everything that is not mentioned in the "What is included" section.

Optional Services:

These services can be added to the ones included in the base price of the tour:

- Cancellation insurance
- Extra night in Aosta or Champluc before starting the tour and/or at the end of the tour
- Travel documentation in printed form (maps and detailed description of the itinerary), shipped to the first hotel