



CAMINOS CAMMINO DEI BORGHI SILENTI

type : Caminos Self-Guided
 level : 
 duration : 7 days
 period: Apr May Jun Jul Aug Sep Oct
 code: ITSW670

Cammino dei Borghi Silenti - Italy

7 days, PRICE FROM € 809



Spend seven days immersed in the quiet, soul-soothing beauty of Umbria along the **Cammino dei Borghi Silenti** — a roughly 90-kilometre loop around the Monti Amerini that leads you through forested trails, silent chestnut woods, and perfectly preserved medieval villages.

Starting and ending in the tiny hamlet of **Tenaglie**, you'll walk at your own pace across gentle hills, pausing in ancient stone settlements where time seems to have slowed of its own accord. Yellow way-markings guide you up to the **1,000-metre ridge of Monte Croce di Serra**, before bringing you back down through olive groves, vineyards, and the shimmering surface of Lake Corbara.

With comfortable local stays, delicious regional cuisine, and stretches of silence that feel like a rare luxury, **this is a peaceful journey to reconnect with nature, heritage, and yourself.**

The Cammino dei Borghi Silenti is more than a hiking trail — it's a slow-travel experience grounded in quiet landscapes, deep-rooted traditions, and meaningful encounters with small communities. Its sustainability lies in its low-impact spirit (walking or biking), in the support it brings to lesser-known villages, and in the focus on local hospitality and nature-based

experiences.

Route

Day 1 Arrival in Orvieto

Orvieto is one of Umbria's most striking hill towns, dramatically perched on a tufa cliff overlooking the Paglia Valley. Founded by the Etruscans, it still protects traces of ancient tombs and a fascinating network of underground tunnels carved deep into the volcanic rock.

Its beating heart is the Duomo di Orvieto, a masterpiece of Italian Gothic architecture shimmering with mosaics and decorated with extraordinarily detailed sculptures.

Wandering through its cobbled lanes, you'll come across artisan workshops, wine cellars serving the famous Orvieto Classico, and panoramic terraces that open onto the soft curves of the Umbrian countryside.

Day 2 Transfer to Tenaglie and walk to Melezzole, 22 km

A private morning transfer brings you from Orvieto to the tiny hamlet of Tenaglie, a peaceful cluster of stone houses surrounded by olive groves and vineyards. This is where your journey begins — in the quiet rhythm of rural Umbria.

Leaving the village behind, the trail rises gently into wooded hills scented with oak and chestnut. As you walk, scattered farmhouses appear between the trees, and wide openings offer beautiful views across the Tiber Valley. The landscape feels intimate yet expansive, a perfect introduction to the pace of the Cammino.

By afternoon, you reach Melezzole, a beautifully preserved medieval village resting on a ridge. Its narrow alleys, stone archways, and the comforting aroma of Umbrian cooking create the feeling of stepping back in time. This peaceful hilltop settlement will be your home for the night — a serene first stop on your journey.

Distance: 22 km

Elevation Gain: +900/-670 m

Day 3 From Melezzole to Morre, 16 km

Today's walk is one of the most scenic of the entire journey. The trail climbs slowly toward Monte Croce di Serra, the route's highest point at nearly 1,000 metres. From the top, the view opens wide over rolling green hills, with the distant outline of Orvieto's cathedral appearing like a quiet landmark on the horizon.

A soft descent carries you through meadows dotted with wildflowers and the cool shade of pine woods before the path leads into Morre — a small, welcoming borgo of stone houses and sweeping terraces. It's the perfect place to end the day, perhaps with a glass of Orvieto Classico as the light fades over the valley.

Distance: 16 km

Elevation Gain: +720/-780 m

Day 4 From Morre to Civitella del Lago, 16 km

Leaving Morre, you slip into the quiet heart of Umbria. The path winds through oak woods and gentle ridges until Acqualoreto appears — a tiny stone borgo perched above the Tiber Valley, perfect for a mid-morning pause in the shade of its little square.

From here, ancient footpaths bordered by dry-stone walls and holm oaks guide you toward the archaeological site of Scoppieto, where Roman potters once shaped amphorae destined to travel down the Tiber.

A descent brings you to Baschi, its medieval centre overlooking the countryside. After wandering its narrow alleys — or enjoying a plate of handmade pasta drizzled with local olive oil — the trail climbs again toward Civitella del Lago. Set high above Lake Corbara, the village greets you with sweeping views of the water and the distant Apennines: a breathtaking panorama to close the day.

Distance: 16 km

Elevation Gain: +660/-740 m

Day 5 From Civitella del Lago to Baschi, 12 km

This stage is shorter, but rich in variety and gentle beauty. Leaving Civitella, the path descends through olive terraces and vineyards suspended above the still waters of Lake Corbara. Small farms and cypress-lined tracks invite an easy, unhurried pace as you make your way down the valley.

As Baschi comes back into view on its rocky spur, the soft Umbrian light frames the medieval village perfectly. Known for its traditional cuisine, this is the place to try umbrichelli al tartufo or a hearty wild boar stew, best enjoyed with a glass of local Orvieto wine.

Spend the evening wandering its historic lanes, watching life unfold in the piazza as the sun sets — a simple, timeless scene that feels like the essence of slow travel.

Distance: 12 km

Elevation Gain: +260/-540 m

Day 6 From Baschi to Tenaglie, 15 km

Your final stretch brings the pilgrimage full circle. From Baschi, follow quiet country lanes through olive groves, vineyards, and open hills dotted with farmhouses. The trail climbs gently toward Montecchio, a village famous for its medieval tower and exceptional olive oil — a perfect place to rest and taste bruschetta drizzled with freshly pressed oil.

From Montecchio, the path winds peacefully through chestnut and oak woods, passing shrines and old stone walls, until you return to Tenaglie, where the Cammino began. The silence that gives this route its name seems to deepen here, as you complete your journey surrounded by the timeless landscape of Umbria.

Distance: 15 km

Elevation Gain: +590/-420 m

Day 7 Arrivederci, Borghi Silenti!

The trip and our services end after breakfast.

An included private transfer will take you to Alviano train station.

Practical info



How to Get There

On arrival

Reaching the starting point of your journey is simple and flexible.

The closest airports are:

Perugia – San Francesco d’Assisi Airport, the nearest and most convenient option

Rome Fiumicino or Rome Ciampino, well-connected with frequent international flights

Florence Airport, ideal if you’re combining your walk with a visit to Tuscany

From any of these airports, you can take a train to Orvieto, a beautiful hilltop town and the official meeting point for the trip. **Once in Orvieto, a private transfer will bring you comfortably to Tenaglie, where your walking adventure begins.**

On departure

Your journey ends in Baschi, and from here a private transfer will take you to the train station of Alviano. From Alviano you can easily reach Orvieto, Rome, Florence, or Perugia by train, making onward travel smooth and stress-free.

Included

What is included

- 6 Nights in double room in **/** hotels , B&B and agriturismo with breakfast
- Luggage transportation from hotel to hotel
- People transfer from Orvieto to Tenaglie (Day 2) and from Tenaglie to Alviano train station (Day 7)
- Maps and detailed description of the itinerary in digital form, app
- Medical and luggage travel insurance
- 24h phone assistance

What is not included

- Transfers to the starting location and from the arriving location of the tour
- Lunches and dinners, if not otherwise stated
- Visits and entrance fees - tips
- Personal expense
- Possible sojourn taxes
- Everything that is not mentioned in the "What is included" section.

Optional Services

These services can be added to the ones included in the base price of the tour:

- Single room supplement
- Cancellation insurance
- Transfers to reach the starting location or to leave the arriving location of the tour, which will be quoted on request
- Travel documentation in printed form (maps and detailed description of the itinerary), shipped to the first hotel