



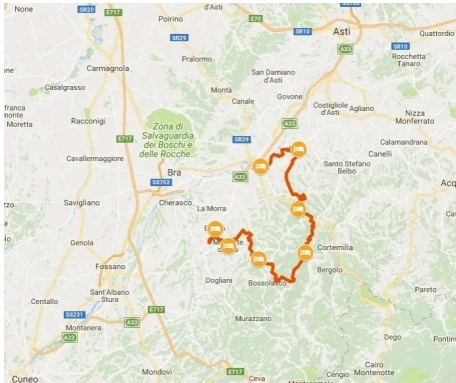
GASTRONOMY WALKING

type :	Self-Guided Hiking Tours
level :	
duration :	8 days
period:	Apr May Jun Jul Aug Sep Oct Nov
code:	ITSW290

Langhe: in Piedmont, Barolo to Barbaresco - Italy

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8 days, PRICE FROM € 930



Known as a **food and wine paradise** for its distinctive white **truffles**, gourmet **cheeses**, the finest **hazelnuts** in Italy and prestigious **wines**, Piedmont is an irresistible destination for walkers and wine lovers. Among its most iconic areas are the **Langhe** and **Barolo**: a landscape of gentle hills, vineyards and medieval villages.

Exploring this region on foot along the beautiful **Barolo Walking Trails** makes the experience even more captivating. Our journey follows the scenic **Bar to Bar trail**, connecting the world's famous wine areas of **Barolo** and **Barbaresco**. Starting from **Alba**, the city of truffles, the route winds through **vineyards**, **farmhouses**, **old taverns** and hilltop villages, offering endless opportunities for tastings and breathtaking views.

Route

Day 1 Arrive in Alba

Arrive in Alba, the heart of Piedmont wine country, a captivating medieval city of a "hundred towers" and a treasure chest of flavours and aromas. You can wander through the cobbled streets, climb up a tower to admire the beautiful view or just tempt your sweet tooth in a pastry shop.

Day 2 From Barolo to Monforte via Novelli, 8 km

A morning transfer brings you to **Barolo**, where you should not miss a visit to the wine museum in the imposing castle. From Barolo here you pick up the **official Bar to Bar route** and following a short and easy walk takes you to the village of Novello. Continues on to the picturesque town of Monforte set on a hillside with narrow winding streets lined with stone houses and several great places to eat and taste some of Italy's best wines.

Distance: 8 km

Elevation gain: +440/-200 m

Day 3 From Monforte to Cissone via Roddino, 13 km

The first section of today's walk brings you to the typical hamlet of **Serralunga d'Alba** offering great views of the typical undulating clay hill landscape covered in orderly vineyards. Continue on to Roddino for a panoramic lunch of local specialties that energise you for the final climb to the farm in **Cissone**.

Distance: 13 km

Elevation gain: +370/-550 m

Day 4 From Cissone/Bossolaschetto to Cravanzana, 13 or 17,5 km

Follow country tracks and paths gradually descend to the River Balbo, from where a steep climb takes you to the opposite ridge with imposing views of the Alps and Apennine mountains on clear days. It is then through the woods till **Feisoglio** and finally **Cravanzana**. Along the way you cross the typical village of Serravalle Langhe.

An optional transfer to Bossolaschetto can shorten today's walk by 6.5km as you spend the day in pure nature.

Distance: 13 or 17,5 km

Elevation gain: +370/-550 m or +650/-870 m

Day 5 From Cravanzana to Benevello, 14,5 km

A generally easy day walk. From **Cravanzana** you gradually descend towards the river Belbo, to then climb back to the side of the hill leading to **Montemarino**. You can admire outstanding views of the Lower Langa, the Alps to the northwest and the Apennine to the southeast.

Distance: 14,5 km

Elevation gain: +540/-500 m

Day 6 From Benevello to Neive, 17 km

From the **Hamlet of Benevello** you head back to the Bar to Bar route that runs along lovely undulating country roads and paths with no significant uphill. Large farmhouses dot the landscape producing world-class wines. Here and there, sections of forest give a change of colour to the expanse of vineyards and throughout the day, you see the Langhe area at your feet and the Alps as a backdrop.

Distance: 17 km

Elevation gain: +530/-680 m

Day 7 From Neive to Alba, 12 km

This walk is once more on quiet country roads and paths, with no significant climbs. The landscape dominated by manicured vineyards, offers open views on the Langhe area and the Alps. On the way pass by the village of **Barbaresco**, home to great wines. From where you descend to the **River Tanaro**, walking through beautiful riparian forest.

Distance: 12 km

Elevation gain: +320/-425 m

Day 8 Arrivederci Alba!

The trip and our services end after breakfast and depart for the airport with public transport unless you have pre-booked a private transfer with us.

Accommodation

7 nights in double rooms in hotels, B&B and agriturismo with breakfast



Hotel Calissano - Alba

The new Calissano Hotel is located near the central Piazza M. Ferrero, one of the most beautiful squares in Piedmont, known as "the drawing-room of Alba" because it is a meeting place for people from the town and surrounds.

Each year thousands of connoisseurs and tourists are attracted to this town of Roman and medieval origins by its great Wines and excellent cuisine, and the heady aroma of the White Truffle of Alba.



Hotel Grappolo d'Oro - Monforte d'Alba

Il Grappolo D'Oro is located in Piazza Umberto I, the main square in Monforte D'Alba. Rooms and apartments have a traditional design with tiled floors and wooden furniture. Services are free Wifi, TV and private bathroom. Breakfast is good. It's suggested the restaurant.



Agriturismo Balcone sulle Langhe - Cissone

Agriturismo Balcone sulle Langhe is located in a quiet location. Rustic rooms are comfortable, spacious and well-furnished. It's suggested the restaurant that offers traditional dishes with local products. Rooms have a balcony, fridge, kitchenette, air conditioned/heating, TV, telephone.



Hotel Da Maurizio - Cravanzana

Albergo Da Maurizio is set in its spacious garden surrounded by the Langhe Hills and offers rooms decorated in a classic style with balcony. Some of these are fitted with tiled floors and some have parquet floors. The hotel restaurant is very good and very appreciated.



Relais Montemarino - Borgomale

In an oasis of charm, few kilometers far from Alba, Relais Montemarino was crafted out of the painstaking renovation of an old nineteenth-century farmhouse. It is surrounded by Langhe's hills and it offers rooms with rustic style. All of these are well-finished, clean and welcoming with free Wifi, TV, telephone, private bathroom, heating and minibar. Breakfast is rich and various.



Hotel Villa Lauri - Neive

Villa Lauri is situated in a very good position, 10 minutes by walk from Neive's centre. It offers an external swimming pool for the summer season and a terrace overlooking vineyards surrounding. Rooms are comfortable and clean with free Wifi, air conditioning/heating, telephone, TV and private bathroom. Breakfast is very good. Staff is attentive and helpful.

Practical info



You can reach Alba by train from both Turin (direct) and Milan (not direct).

Check timetables on www.trenitalia.com.



Thanks to our special APP, you will be able to follow the track of the whole trip on your mobile phone, with no need for internet. GPS tracks are available on request.

Included

What is included

- 7 Nights in hotels, B&B and agriturismo with breakfast
- luggage transportation from hotel to hotel
- Transfer from Alba to Barolo
- maps and detailed description of the itinerary in digital form, app
- Medical and luggage travel insurance
- Telephone support 24 hours

What is not included

- Transfers to the starting location and from the arriving location of the tour
- lunches and dinners
- visits and entrance fees - tips
- personal expense
- possible sojourn taxes
- everything that is not mentioned in the "What is included" section.

Optional Services

These services can be added to the ones included in the base price of the tour:

- Single room supplement
- cancellation insurance
- Transfers to reach the starting location or to leave the arriving location of the tour, which will be quoted on request.
- travel documentation in printed form (maps and detailed description of the itinerary), shipped to the first hotel

NOTE:

From half September until the end of November, there is a supplement of 40 Euros per room per night in Hotel Calissano in Alba for all the bookings that fall on Friday and Saturday (on top of the prices quoted)