


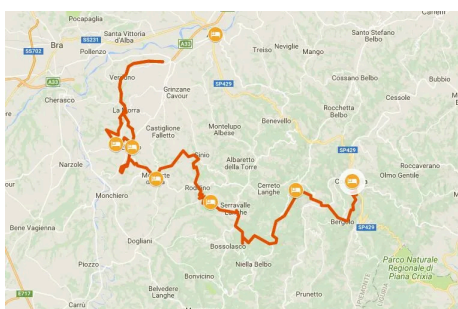
#### GASTRONOMY CLASSIC ROUTES

type : Self-Guided Hiking Tours  
 level :   
 duration : 8 days  
 period: Apr May Jun Jul Aug Sep Oct Nov  
 code: ITSW030

Langhe: in Piedmont, Barbera to Barolo - Italy

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8 days, price from € 749



Piemonte is Italy's paradise for true connoisseurs of mouth-watering food, truffles and fabulous wines.

**The Langhe region** is set between the Alps and the Apennine mountains and is blessed with the fertile lands that produce the **Tuber Magnatum** – a prized white truffle – and some of Italy's most prestigious red wines: **the Barolo and Barbera**. Discover a spectacular array of local specialties including gourmet cheeses, pastries and chocolates that are appreciated the world over.

This walking trip takes you amidst a magnificent landscape of rolling hills dotted with small picturesque villages, elegant castles and feudal towers, walking through **vineyards and hazelnut forests** and staying in small rural villages where the accommodation is charming and welcoming.

## Route

### Day 1 Arrive in Alba

Arrive in **Alba**, the heart of Piedmont wine country, a captivating medieval city of a "hundred towers" and a treasure chest of flavours and aromas. After checking in, go out for a walk to explore the town and why not stop in one of its many divine pastry shops to tempt your palate. Treat yourself to the sweet tastes of Italy.

## Day 2 From Roddi to Barolo or Vergne, 15 km o 13 km

A transfer takes you to **Roddi or Verduno** (to shorten the walk). Crossing several hills you reach the rustic village of **La Morra** from where you continue to the hamlet of Vergne and on route you have several wine tasting options. On clear days **you can see the Alps and Mt. Monviso** that stay snow capped till the beginning of summer.

*Distance:* 15 o 13 km

*Elevation gain:* +509/ -383 m

## Day 3 From Barolo to Monforte d'Alba, 12 km o 8 km

Passing by the **old village of Novello**, with its Middle Age tower you reach the wine capital of Barolo, where this famous wine is produced. You can visit the museum in the **Castello dei Marchesi Faletti** and the Regional wine museum, a must for any wine connoisseur. After a varying walk through the vineyards and forests, you arrive in **Monforte d'Alba**, a nice hill top village.

*Distance:* 12 o 8 km

*Elevation gain:* +447/ -390 m

## Day 4 From Monforte d'Alba to Cissone, 15 km

The landscape is far more varied than on the previous days as you leave the vineyards behind and climb through tidy **hazelnut forests** and wild woods surrounding the ancient hamlet of **Serralunga d'Alba**. From here a steep climb brings you to Roddino from where a long descent takes you to the final climb up to **Cissone**.

*Distance:* 15 km

*Elevation gain:* +806/ -665 m

## Day 5 Cissone round walk, 8 km

A glass of local wine from a traditional "**cantina**" in the centre of the village is a lovely way to celebrate this day of relaxing and taking it easy. After a short circular walk in the neighborhood of Cissone, unwind and admire the splendid views from the farm. The scenery is a unique spectacle, embroidered with vineyards and dotted with towers and castles.

*Distance:* 8 km

*Elevation gain:* +300/-300 m

## Day 6 From Cissone to Cravanzana, 20 km o 13 km

The landscape of the high Langhe area around Cissone is characterised by hazelnut forests and those slopes that are too steep to be cultivated are covered by oaks. This is also the area where you find the most precious of the local treasure: **the 'Tuber Magnatum'**, also known as 'the white truffle of Alba' and, if you don't find it underground, you are sure to find it at the local restaurant.

*Distance:* 20 km o 13 km

*Elevation gain:* +600/-665 m

## Day 7 From Cravanzana to Cortemilia, 13 km

Today the landscape is as varied as the walk itself. You visit the villages of **Torre Bormida** and **Bergolo** that you reach crossing hazelnut plantations and dense chestnut woods using broad forest paths, small grassy trails and narrow cobbled streets until you reach the town of Cortemilia. On clear days the view on the hills and the Alps is breath-taking.

*Distance:* 13 km

*Elevation gain:* +450/-790 m

## Day 8 Arrivederci Cortemilia!

Our services end after breakfast unless you have booked another service with us.



## Accommodation

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7 Nights in Hotels, Farmhouses and B&Bs where all rooms have private en-suite bathroom.



### Hotel Calissano - Alba

The Calissano Hotel is located near the central Piazza M. Ferrero, one of the most beautiful squares in Piedmont, known as "the drawing-room of Alba" because it is a meeting place for people from the town and surrounds.

Each year thousands of tourists are attracted to this town of Roman and medieval origins by its great Wines and excellent cuisine, and the heady aroma of the White Truffle of Alba.

[www.hotelcalissano.com](http://www.hotelcalissano.com)



### Agriturismo Ca' San Ponzio - Barolo

Agriturismo Ca' San Ponzio is a restored farmhouse, surrounded by serenity, peace and nature. Rustic rooms are very comfortable, spacious and well-finished. Every room has a balcony with view on a beautiful landscape on Langhe's hills. Owners are courteous and helpful. Breakfast is very good with home-made products.

[www.casanponzio.com](http://www.casanponzio.com)



### Hotel Grappolo d'Oro - Monforte d'Alba

Il Grappolo D'Oro is located in Piazza Umberto I, the main square in Monforte D'Alba. Rooms and apartments have a traditional design with tiled floors and wooden furniture. Services are free Wifi, TV and private bathroom. Breakfast is good. It's suggested the restaurant.

[www.grappolodoro.net](http://www.grappolodoro.net)



### Agriturismo Balcone sulle Langhe - Cissone

Agriturismo Balcone sulle Langhe is located in a quiet location. Rustic rooms are comfortable, spacious and well-furnished. It's suggested the restaurant that offers traditional dishes with local products. Rooms have a balcony, fridge, kitchenette, air conditioned/heating, TV, telephone.

[balconesullelanghe.com](http://balconesullelanghe.com)



### Hotel Da Maurizio - Cravanzana

Albergo Da Maurizio is set in its spacious garden surrounded by the Langhe Hills and offers rooms decorated in a classic style with balcony. Some of these are fitted with tiled floors and some have parquet floors. The hotel restaurant is very good and very appreciated.

[www.ristorantedamaurizio.net](http://www.ristorantedamaurizio.net)



### Villa San Carlo - Cortemilia

Family-run San Carlo is located in the hilly Langhe area and it's overlooking the surrounding woods. Rooms are comfortable, spacious and clean with satellite TV, a kettle and minibar. Free Wi-Fi is available in common areas. It's suggested the restaurant. Breakfast is good.

[www.hotelsancarlo.it](http://www.hotelsancarlo.it)

## Practical info

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There are several daily trains from Turin to Alba and you need to change either in Asti or Cavallermaggiore. Timetables available on [www.trenitalia.com](http://www.trenitalia.com).

It is possible to book a transfer from Turin and Milan to Alba and vice versa.

On departure from Cortemilia, make your way to either Alba or Asti by bus and then reach the airports by train.



Thanks to our special APP, you will be able to follow the track of the whole trip on your mobile phone, with no need for internet. GPS tracks are available on request.

## Included

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### What is included

- 7 Nights in double room in \*\*/\*\* hotels , B&B and agriturismo with breakfast
- luggage transportation from hotel to hotel
- transfers as described in the day by day itinerary
- maps and detailed description of the itinerary in digital form, app
- Medical and luggage travel insurance
- 24h phone assistance

### What is not included

- Transfers to the starting location and from the arriving location of the tour
- lunches and dinners, if not otherwise stated
- visits and entrance fees - tips
- personal expense
- possible sojourn taxes
- everything that is not mentioned in the "What is included" section.

### Optional Services

These services can be added to the ones included in the base price of the tour:

- Single room supplement
- cancellation insurance
- Transfers to reach the starting location or to leave the arriving location of the tour, which will be quoted on request.
- travel documentation in printed form (maps and detailed description of the itinerary), shipped to the first hotel