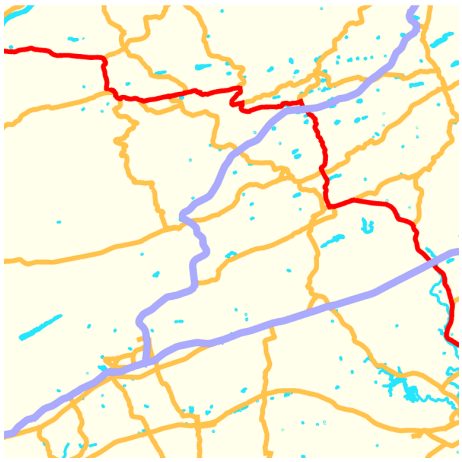
SPRING & AUTUMN WINTER SUN WALKING

type :	Hiking Tours Self-Guided
level :	
duration :	8 days
period:	Jan Feb Mar Apr May Sep Oct Nov Dec
code:	MLSW010

Malta & Gozo, Coastal Trail - Malta

8 days, PRICE FROM *€ 823*



Have you ever considered **Malta** for your next holiday? Maybe not—and that's precisely **part of the island's charm**. It's a destination for **those ready to be surprised, seeking something different from the usual spots.**

Only **one-fifth of the island**—the most touristic part—**is urbanized**. The rest is still dominated by enchanting nature. From mid-October to mid-May, **the islands are green and lush**, with fields filled with vegetables and **paths carpeted with fennel, clover, myrtle, and wild iris.** By late spring, thousands of plant species will be in bloom, making the island enchanting and colorful.

This **Malta coastal walk** will take you beyond the usual tourist routes, offering **hiking in Malta and Gozo** through dramatic cliffs, garrigue scrublands, and lush valleys. The paths are not crowded and reveal some of the most beautiful views in the Mediterranean, to be enjoyed alongside the rich heritage and history of the island.

Route

Day 1 Arrive in Malta

After you check in at your accommodation you can take some time to explore all the major sights in **Rabat** — chapels, the cathedral, and the impressive **Medina fortress**, one of the best-preserved walled cities in Europe. This labyrinth of narrow alleys and limestone buildings fascinates thousands of travellers, who go there every year to discover this key city in Malta's history.

Rabat is an historic city that is **home to Roman and Christian vestiges**. Its main attraction is the **Catacombs of St. Paul**, underground tunnels where the saint took refuge during his stay in Malta. Visiting Rabat can be a memorable highlight of your **Malta coastal walk**, combining heritage with the island's most scenic routes.

Day 2 Transfer to Hagar Qim and walk to Dingli Cliff, 8,5 km

In the morning, a short transfer will take you to the **UNESCO World Heritage Site Hagar Qi, an incredible stone complex** built with advanced tecniques between 3600 and 3200 B.C. ; one of its walls contains **the largest megalith in Malta, at 5.2 meters long and 57 tons**. After a visit start your first coastal walk toward **Dingli Cliff** to then climb along fields and vineyards to the **famous Dingli cliff viewpoint**. From Dingli Cliff viewpoint, you can walk all the way back to **Rabat or take a bus.**

Distance: 8,5 km

Elevation Gain: +360/-290 m

Day 3 Transfer to L-Imgarr walk to Popeye Village, 10 km

In the morning, take a short taxi ride to **Imgarr**. From there, embark on a coastal walk to **Popeye Village,** the filming location of the 1980s "Popeye" musical, now a theme park with boat trips and dining options. On the way, stop for a swim at **Ghajn**, a charming beach beneath the Clay Cliffs.

Afterward, transfer to **Cirkewwa** and board the ferry to Gozo Island. A brief transfer will then take you to your accommodation in **Gharb**

Distance: 10 km

Elevation Gain: +185/-260 m

Day 4 Walk from Gharb (or Wied il Għasr) to Dwerja Bay, 10 km (7km)

Today you start your walk from **Gharb**. The walk from Gharb to the coast (Wied il Għasri) runs on asphalt road and secondary country roads passing by the imposing **Ta Pinu abbey.** Then you continue along the coast to **Dwerja Bay** with extremely panoramic views of the cliff. We suggest a short boat trip in Dwerja Bay (cash only) to visit the **grottos**. Finish your walk at Dwejra Bay from where you can enjoy a breath-taking **sunset** before heading back to Gharb by bus.

Distance: 10 (or 7) km

Elevation Gain: +260/-360 m

Day 5 Trasnfer to Xlendi, walk to Mgarr, 12,5 km

A short transfer will take you to **Xlendi** from where you start a lovely **coastal route** passing **farmer's fields** and **agricultural land** always with the stunning view of the cliffs.
In **Sannat** you walk a short section on asfalt road through the village and then along a panoramic road with the view of **Medina fortress**. You reach **Mgarr ix-Xini bay**, nice stop for swim and lunch just before the last few kilomters along the coast up and down until the port. Take the bus to **Victoria**, the capital of Gozo, for the night.

Distance: 12,5 km

Elevation Gain: +500/-500 m

Day 6 Bus to Xlendi, walk to Dwerja Bay, 6,5 km

A short bus ride will take you back to **Xlendi** from where you start a steep ascent to the top of the **cliff** passing farmer's fields and agricultural land until you reach the west coast. Fields run all the way up to the coastal cliffs and you will hear songbirds as you immerse yourself in these rural scenes. At **Dwejra Bay** you can enjoy a breath-taking **sunset** before heading back to **Vicotria** by bus.

Distance: 6,5 km

Elevation Gain: +290/-280 m

Day 7 Selection of Walks

Today is the day to relax and you have two optional walk to choose from:

Walk A: enjoy the unique **island of Comino**, the tiny island between **Malta** and **Gozo**. A short bus ride will take you to the ferry port in **Mgarr** from where you will board a ferry to **Comino**. Once you have seen its famed and stunningly beautiful **Blue Lagoon**, walk around the island for some solitude and stunning views. On arrival back at the harbour, board a ferry back to **Gozo** and make your way by local bus or taxi back to Victoria.

Distance: 3 km

Elevation Gain: +140/-140

Walk B: a short walk along the coast from **Marsalform** to the famous **red sand Ramla Beach**. You follow a coastal path with several **swimming spots** undulating along the coast. There are few sections on loose and steep terrain, be careful.

Distance: 6 km

Elevation Gain: +100/-100

Day 8 Arrivederci, Malta!

The trip and our services end after breakfast, unless you have booked extra nights or other services with us. It is possible to take the direct ferry from Gozo to Cirkewwa or the high speed boat to Valletta.

Practical info

On arrival:

Malta International Airport is served by both major and low-cost carriers.
From the airport you can reach Rabat by local bus or private transfer.
Bus schedule online at
www.publictransport.com.mt/

On departure:

From Gozo it is possible to take the direct ferry to Cirkewwa or the high speed boat to
Valletta. Timetable online at gozohighspeed.com/ or www.gozochannel.com/
On request it is possible to arrange a private transfer to the airport.

Included

What is included

- 7 Nights in double room in **/*** hotels with breakfast
- Luggage transportation from hotel to hotel
- Transfers as described in the day by day program
- Maps and detailed description of the itinerary in digital form, app
- Medical and luggage travel insurance
- 24h phone assistance

What is not included

- Transfers to the starting location and from the arriving location of the tour
- Lunches and dinners, if not otherwise stated
- Visits and entrance fees - tips
- Personal expense
- Possible sojourn taxes
- Everything that is not mentioned in the "What is included" section.

Optional Services

These services can be added to the ones included in the base price of the tour:

- Single room supplement
- Cancellation insurance