



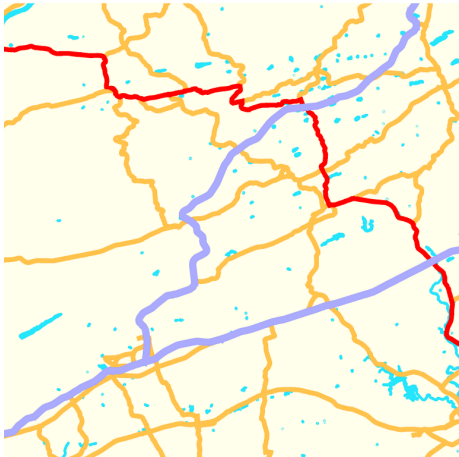
**COASTS & ISLANDS SUMMER**

type : Hiking Tours Self-Guided  
 level :   
 duration : 8 days  
 period: Jun Jul Aug Sep  
 code: ISSW01

## Iceland, Laugavegur Trekking Tour - Iceland

### Across Iceland most famous Trail

8 days, PRICE FROM € 1546



Ready for an **expedition along the Laugavegur Trail, known as one of the most stunning routes in Iceland?** It's an unforgettable adventure: 5 days in an incredible landscape, immersed in wild and enchanting nature.

This extraordinary trail **winds through the landscapes of southwest Iceland**, with huts along the way offering shelter and the experience of a true adventure. It's the perfect trip for those looking to feed their adventurous spirit, **fully supported by the expertise of a tour operator.**

Prepare to be enthralled as you traverse the **Icelandic wilderness**, where you'll encounter an array of unparalleled **natural wonders**—think imposing **volcanoes**, enchanting **mineral pools**, and bubbling **geothermal phenomena**, alongside awe-inspiring **canyons, mysterious caves**, and expansive **black-sand deserts**.

For those **intrepid souls craving the freedom** to explore at their leisure, this self-guided odyssey along the Laugavegur Trail beckons as the ultimate choice.

## Route

### Day 1 Arrival in Reykjavik

Arrival in Iceland, a driver will wait for you at the airport and is taking care of the transfer to your accommodation in **Reykjavik**, here your travel package is waiting for you. If you have ordered a food package, it will be delivered to your accommodation.

### Day 2 Travel to Landmannalaugar

After an early breakfast, head to the central bus terminal to travel by scheduled bus to **Landmannalaugar**, the starting point of your trek. Around half past one in the afternoon, you will arrive in Landmannalaugar. The beautiful mountains and the vast lava fields in the backyard of the cabin provide a beautiful backdrop for an exploration of the area. If you want to take it easy, you can of course bathe extensively in the warm river. You will spend the night in the cabin.

### Day 3 Walk from Landmannalaugar to Hrafninnusker, 12 km

From **Landmannalaugar** (575 m) we walk through the lava field Laugahraun formed in 1477. This is an area with a lot of geothermal activity with steam springs and bubbling hot springs. The route takes you to the black obsidian massif **Hrafninnusker** plateau over the heights. From the pass on this mountain (1000 m), you have a beautiful view over the unspoilt surroundings. You will spend the night in the hut located here from where you can take an afternoon walk to the ice cave.

Distance: 12 km

Elevation Gain: +470m

#### Day 4 Walk from Hrafninnusker to Álftavatn, 12 km

Surreal is probably the only word that comes close to describing the atmosphere that the landscape around the **Hrafninnusker** exudes. Watercolour shades are intersected with patches of steam and brightly coloured bronze moss grows in the sharply incised canyons. After an undulating rhyolite landscape, there is a steep descent to the flatter grounds where the beautiful **Álftavatn** lake is located. Behind us are the unvegetated rhyolite mountains, in front of us dark- coloured tuff mountains and white ice caps.

*Distance: 12 km*

*Elevation Gain: - 490 m*

#### Day 5 Walk from Álftavatn to Emstrur, 16 km

Soon after leaving the hut, a cold ford follows, after which you can be sure that you are fully awake. After several short climbs and descents, we end up in a desolate desert landscape, the sand plains of the **Myrdalsjökull**. Black volcanic sand is the only thing you will have to deal with for miles under the soles of your shoes. A short hike from the **Emstrur** hut to the spectacular canyon of **Markarfljót** river complements this day full of contrast.

*Distance: 16 km*

*Elevation Gain: - 40 m*

#### Day 6 Walk from Emstrur to Thórsmörk Langidalur, 15 km

As we get closer to **Thórsmörk**, the landscape becomes greener and more forested. The contrast with the day before could hardly be greater when we walk into the valley. Three beautiful ice caps dominate our view, the **Myrdalsjökull**, **Eyjafjallajökull** and **Tindafjallajökull** lie gracefully around us. We spend the night in the valley.

*Distance: 15 km*

*Elevation Gain: - 300 m*

#### Day 7 Travel from Langidalur – Hvolsvöllur - Reykjavik

Time until 15.00 for some nice hiking in the area, bus leaves at 15.15

#### Day 8 Arriverderci, Reykjavik!

Transfer in the early morning to the airport for the return trip.

## Practical info

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#### On arrival:

The closest airport is in Reykjavík.

#### On departure:

The closest airport is in Reykjavík.

## Included

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#### What is included:

- 6 Nights in cabins in dormitory in sleeping bag (sleeping bag not included);
- 2 Nights in guesthouse in Reykjavik on twin room made up bed, shared facilities, breakfast included;
- Transfer by airport service Keflavik – Reykjavik v.v.;
- Transfer Langidalur - Reykjavik and Reykjavik - Landmannalaugar by scheduled coach;
- Maps and detailed description of the itinerary in digital form, app;
- Medical and luggage travel insurance;
- 24h phone assistance.

#### What is not included:

- Transfers to the starting location and from the arriving location of the tour;
- Lunches and dinners, if not otherwise stated;
- Visits and entrance fees - tips;
- Personal expense;
- Possible sojourn taxes;
- Everything that is not mentioned in the "What is included" section.

#### Optional Services:

- Food package from lunch day 2 to lunch day 7 (incl. delivery to accomodation in Reykjavik and resupply Thórsmörk): €252 per person;
- Luggage transport: **€355 per person; possible only on these starting dates: July 6, July 20, August 3, August 17, August 22**
- Cancellation insurance.