



SUMMER SOFT ADVENTURES

type :	Self-Guided
level :	    
duration :	8 days
period:	Jun Jul Aug Sep Oct
code:	ITSW289

Dolomites, Val di Fassa Easy - Italy

8 days, PRICE FROM € 778



Enjoy exhilarating hikes through a **magnificent nature reserve** with stunning landscapes of **dramatic limestone mountains** and **snow-capped peaks**, picture-perfect alpine pastures and **idyllic meadows**. Experience the beauty of **Val di Fassa hiking**, where every step reveals new colours, scents, and sensations in the heart of the Dolomites. This **valley in the Dolomites** boasts an **enchanted landscape** and an **incredible cuisine, part of the Ladin tradition**. The rich variety of wildlife includes marmots and chamois, and an extraordinary variety of flowers bloom in their thousands in spring and summer. You are constantly surrounded by the Dolomites, gentle white giants that sunset magically turns pink — the perfect backdrop for **easy hiking in the Dolomites**. The walks on well-marked trails are satisfyingly long but never exhausting, ideal for those who love **walking in Val di Fassa** at their own pace.

Route

Day 1 Extra Day, Arrival in Bolzano

If you have more time, consider heading to **Bolzano** a couple of day before to enjoy one extra day of walks and visit beautiful Bolzano, with its delightful historical center.

Day 2 Extra Day, Selection of Walks

WALK A: From Collalbo to Bolzano, 11 km

Take the cable car and train to reach **Collalbo**. The hike is easy and not particularly difficult: from Collalbo you head to **Soprabolzano** through orchards, forests and cultivated fields, in a countryside dotted with castles, manor houses and farms. Take the cable car down to Bolzano at the end of the walk.

Distance: 11 km

Elevation Gain: +400/-366 m

WALK B: Alp of Siusi Loop, 13 km

After a bus ride from Bolzano to **Siusi**, you take a cable car to the **Compatsch**: here starts this **easy circular walk along the biggest Alpine plateau** in Europe. The itinerary passes through mountain huts and small hamlets, offering beautiful views on the Dolomites jagged peaks. The walk leads you back to Compatsch, from where a ride in cable car and bus takes you back to Bolzano.

Distance: 13 km

Elevation Gain: +460/-460 m

Day 3 Arrival in Vigo di Fassa

Arrive with public transport or private transfer to **Val di Fassa**, check-in at the accommodation and enjoy the peaceful atmosphere of the **Dolomites**.

Day 4 Day 2, Walk from Carezza to Moena, 11 km

After a bus ride to **Carezza Lake**. This scenic route links the famous turquoise waters of Carezza Lake with the charming village of **Moena**. The walk leads through fragrant spruce forests, open meadows, and gentle alpine slopes with views of the **Latemar** and **Catinaccio** groups. Along the way, the landscape opens onto wide valleys dotted with mountain huts, before descending into Moena, known as the “Fairy of the Dolomites.”

Distance: 11 km

Elevation Gain: +230/-560 m

Day 5 Selection of Walks

WALK A: Catinaccio Walk to Carezza, 6 km

Take the cable from **Vigo di Fassa**. This gentle route explores the lower slopes of the **Catinaccio group** before descending toward **Carezza** with chair lift. The trail offers a mix of forest paths, alpine pastures, and wide views over the surrounding valleys. It's an ideal way to experience the majesty of the **Rosengarten** while finishing at one of the Dolomites' most iconic lakes.

Distance: 6 km

Elevation Gain: +360/-225 m

WALK B: Catinaccio Walk to Gardeccia, 6 km

Take the cable from Vigo di Fassa. A classic and relatively easy hike in the **Rosengarten** (Catinaccio) range, this trail begins at the base of the Catinaccio and winds upwards on a comfortable path to the **Gardeccia** basin. The scenery alternates between larch forests and panoramic terraces, with impressive **views of the Vajolet Towers** and other jagged Dolomite peaks. The destination, Gardeccia, is a wide alpine meadow surrounded by mountain huts—perfect for a rest.

Distance: 6 km

Elevation Gain: +50/-50 m

Day 6 Selection of Walks

WALK A: Val Dona Walk, 7 km

Starting in the village of **Fontanazzo**, this walk leads into the peaceful **Val Dona**, a **quieter valley** framed by **steep peaks and alpine pastures**. The trail is relatively easy and follows a gentle incline along the **riverbed**, with opportunities to spot **marmots** and enjoy wildflowers in summer. The valley's serenity and untouched beauty make it a **hidden gem for walkers seeking calm**.

Distance: 7 km

Elevation Gain: +700/-700 m

WALK B: Val Duron Walk, 7 km

This is a beloved valley walk beginning in **Campitello di Fassa** and following a comfortable track into **Val Duron**. The route passes through meadows and farmsteads with views of the **Sassolungo group** rising dramatically above. **The trail is well-loved** for its accessibility and **the traditional alpine huts along the way**, where walkers can stop for local food while enjoying expansive Dolomite panoramas.

Distance: 7 km

Elevation Gain: +420/-420 m

Day 7 Walk from Pozza di Fassa to Canazei, 6 km

From **Pozza di Fassa**, take the cable car up to Buffaure, a **natural balcony over the Fassa Valley** with sweeping views of the **Marmolada**, the **Catinaccio**, and the **Sella group**. From here, the trail leads gently downhill through **wide alpine pastures, larch forests, and flower-filled meadows**. Along the way, you'll enjoy **constant panoramic views of the Dolomite peaks** before gradually descending into Canazei, one of the valley's most lively mountain villages. It's an **easy but rewarding walk**, combining **high-altitude scenery** with a relaxed descent.

Distance: 6 km

Elevation Gain: +445/-355 m

Day 8 Via del Pan Walk, 7 km

Take the cable from Alba and walk **The “Bread Trail”** is one of the most panoramic balcony walks in the Dolomites. The trail traverses gently across **alpine slopes** with uninterrupted views of the **Marmolada glacier** and the **Fassa Valley** below. The path is fairly **easy** and **well-trodden**, winding past **meadows, huts, and rocky outcrops**. It's ideal for walkers seeking spectacular scenery without too much effort. From Lake Fedaia take the bus back to Canazei

Distance: 7 km

Elevation Gain: +125/-445 m

Day 9 Selection of Walks

WALK A: Sasso Piatto Walk, 10 km

Take the cable car from **Campitello**. Walk along the **Sasso Piatto (Plattkofel)**, this route is a classic for exploring the **Sassolungo group**. It is possible to walk by the **Sella pass** and take the cable car up to the Sassolungo pass for an amazing view or you can walk on the side of the mountain to the **Rif. Sassopiatto**. Mountain huts dot the trail, making it easy to pause and take in the panorama.

Distance: 10 km

Elevation Gain: +400/-400 m

WALK B: Sasso Pordoi Walk, 5 km

Take the cable car from Alba to start the walk descending to the **Pordoi Pass**, from there you can take another cablecar at nearly 3,000 meters on the **Sasso Pordoi plateau**, nicknamed the “**Terrace of the Dolomites**.” From here, you can wander across a lunar-like landscape of bare rock with breathtaking views of the **Marmolada**, **Civetta**, and the **Pale di San Martino**. Walk back to the starting point and descend to **Canazei** by cable car

Distance: 5 km

Elevation Gain: +240/-240 m

Day 10 Arrivederci, Val di Fassa!

Our services end after breakfast (unless you have booked extra nights).

We wish you a safe trip home.

Practical info



Getting There

Reaching the Dolomites is easy and scenic in itself — a journey that already begins to reveal the beauty of these mountains. **The most convenient airports to fly into are Innsbruck (in Austria) and Verona (in Italy), both well connected to major European cities.**

From **Innsbruck**, you can take a comfortable train south across the Alps, traveling through breathtaking landscapes to Bolzano or Trento, and then continue by regional train to Ora (Auer).

From **Verona Porta Nuova railway station**, regular trains also run north toward Bolzano or Trento, offering a smooth and pleasant journey through valleys and vineyards.

Once in Ora or Bolzano, you'll find direct local buses to Vigo di Fassa, your gateway to the Fassa Valley and the trails that lead into the heart of the Dolomites.

Whether you arrive from the north or the south, the trip to your starting point already feels like an introduction to what lies ahead — a land of dramatic peaks, quiet villages, and landscapes that shift in color and light with every passing hour.

Included

What is included

- 7 Nights in double room in **/** hotels
- Luggage transfer from Vigo di Fassa to Canazei.
- Maps and detailed description of the itinerary
- Trentino Guest Card for public transportation in Fassa Valley
- Medical and luggage travel insurance
- 24h phone assistance

What is not included

- Transfers to the starting location and from the arriving location of the tour
- Lunches and dinners, if not otherwise stated
- Visits and entrance fees - tips
- Personal expense
- Possible sojourn taxes
- Everything that is not mentioned in the "What is included" section.

Optional Services

These services can be added to the ones included in the base price of the tour:

- If you want to have more time to visit Bolzano, it is possible to add one or two extra night to the package (not included in the price displayed here).
- Single room supplement
- Cancellation insurance
- Transfers to reach the starting location or to leave the arriving location of the tour, which will be quoted on request.
- Travel documentation in printed form (maps and detailed description of the itinerary), shipped to the first hotel
- Panorama Pass (3, 6, or 7 days of unlimited summer lift access in Val di Fassa)