



CAMINOS WALKING

type :	Caminos Hiking Tours Self-Guided
level :	    
duration :	10 days
period:	Mar Apr May Jun Jul Aug Sep Oct
code:	IRL01

The Dingle Way - Ireland

10 days, PRICE FROM € 1314



The ruggedly enchanting **Dingle Peninsula** stretches 50 kilometers into the Atlantic Ocean, a haven of **untamed beauty in southwest Ireland**. Its isolation has **safeguarded a wealth of cultural heritage and ancient archaeological wonders**, making it a timeless treasure. Ranked among the Top 100 destinations in the world by TripAdvisor and hailed as **"the most beautiful place on earth"** by National Geographic, the Dingle Peninsula offers trails that, while less challenging than others, are unparalleled in their breathtaking vistas.

The Dingle Way is a **circular journey that begins and ends in Tralee, the vibrant capital of Kerry**. The route meanders through quiet country roads, rugged mountain paths, lush fields, and **dramatic cliffside trails**, with over 20 kilometers of pristine beach walking. While there are a few short, steep ascents, the trail is largely accessible, with no major climbs to deter adventurers.

Customize your adventure to suit your pace and preferences. Choose how many days you'd like to walk, and consider adding extras like airport transfers, an overnight stay in **Dublin**, or a rest day along the way.

Route

Day 1 Arrive in Tralee

Upon arriving in **Tralee** you are greeted by the charming blend of **traditional Irish culture** and **scenic beauty**. Located in **County Kerry**, Tralee is the gateway to exploring the stunning landscapes of the Wild Atlantic Way. Visitors can start by strolling through the town's historic streets, visiting the **Kerry County Museum**, or enjoying a peaceful walk in the **Tralee Town Park**. Then indulge in local **Irish cuisine**, with fresh seafood, hearty stews, and traditional dishes like soda bread and black pudding served in the town's cozy pubs and restaurants.

Day 2 Tralee to Camp, 22 km

The **Dingle Way** is a scenic hiking trail that starts in **Tralee**, at the **Kerry Museum**, and leads through diverse landscapes towards **Blennerville** and beyond, eventually reaching the village of Camp. The route takes you along the canal, through quiet country roads, and up the **Slieve Mish** mountain range, offering stunning views of **Mount Brandon** and ancient glacial valleys. However, some sections, particularly the **moorlands**, can be **marshy** and challenging, so hikers should be prepared with proper gear like gaiters and extra socks. Highlights along the way include the **Victorian reservoir**, the ruins of **Killelton Oratory**, and the original Tralee to Dingle stone path.

Distance: 22 km

Elevation Gain: +200m

Day 3 Camp to Annascaul, 17 km

Today you walk along local roads, crossing the **Finglas River** and gradually emerging from the valley. The path offers stunning views of **Caherconree Mountain** (835m) and its ancient megalithic fort. Though the trail includes some rough and steep tracks, hikers are rewarded with sights like the **Emlagh River** and the famous **Inch Beach**, known for its **golden sands** and film history. As the route continues, it passes through **forests** and **fields** before descending into **Annascaul** village. Highlights include **Lough Anscaul** in a glacial valley and the **South Pole Inn**, once owned by Antarctic explorer Tom Crean.

Distance: 17 km

Elevation Gain: +270 m

Day 4 Annascaul to Dingle, 19 km

Leaving **Annascaul**, the Dingle Way follows the busy Tralee-Dingle road before transitioning to a quieter road, eventually reaching the **sea** and the ruins of the **16th-century Minard Castle**. The beach offers stunning views across to the **Ring of Kerry**. From there, the trail climbs a steep path and continues through farmland and traditional Kerry boreens. As the route approaches **Lispole**. The trail then ascends the lower slopes of **Croaghskeara Mountain**, where the terrain can become muddy. The path continues through farmland, crossing the Garfinny River, before leading to the famous **Conor Pass**, offering breathtaking views as the trail descends into the town of **Dingle**.

Distance: 19 km

Elevation Gain: +220 m

Day 5 Rest day in Dingle

Today you can explore **Dingle**, a picturesque gem on Ireland's southwest coast. Immerse yourself in its **vibrant culture** and **breathtaking scenery**. Stroll through **colorful streets** lined with artisan shops, cozy cafés, and lively pubs where traditional music fills the air. Dive into the wonders of the sea at the **Dingle Oceanworld Aquarium**, home to the beloved resident dolphin, Fungie. Don't miss the chance to savor mouthwatering fresh seafood—Dingle is a true **culinary delight**!

Day 6 Dingle to Dunquin, 20 km

As you leave Dingle on the Dingle Way, you'll pass **historical sites** like 1908 government housing and the Milltown River B&B, where Robert Mitchum stayed during *Ryan's Daughter*. After crossing the **Milltown River bridge**, follow signposts through farmland towards **Ventry Beach**, a 2.5 km sandy stretch. The trail then skirts **Mount Eagle**, offering stunning views of the **Blasket Islands** and ancient beehive huts. Be cautious on the narrow tourist road leading to **Dunquin Pier**, where the route ends at the **Blasket Islands Heritage Centre**, rich with local history.

Distance: 20 km

Elevation Gain: +370 m

Day 7 Dunquin to Ballydavid, 16 km

As you leave **Dunquin**, the Dingle Way takes you uphill, passing fields where seaweed was used to reclaim land for farming. You'll see patches of farmland created by clearing rocks and enriching the soil with sand and seaweed. The trail offers great examples of this on the hillside. The route turns into a gravel path at **An Ghráig**, then descends to rejoin the main road. Notable stops include **Louis Mulcahy's pottery studio** and **Clogher Beach**. Continuing along cliffs with stunning views of the Atlantic, the trail passes **Dun an Oir**, site of a 1580 massacre, before winding through Smerwick Harbour and reaching **Ballydavid**.

Distance: 16 km

Elevation Gain: +1000 m

Day 8 Ballydavid to Cloughane, 19Km

Leaving **Ballydavid**, you walk through a scenic cliff walk before heading inland and rejoining the road at **Glashabeg**. As you pass through **Feohanagh**, the impressive Brandon Mountain rises ahead, with the cliffs of Ballydavid Head to the northwest blocking views of the sea. The trail then leads to a **challenging climb** between **Masatiompan** and **Piaras Mor**, where hikers will find an Ogham Stone boundary marker dating back to 500 AD. You'll arrive to the quiet village of **Brandon**, where two pubs by the seafront offer a perfect spot to relax. The final stretch of the trail takes you to **Cloughane** Village.

Distance: 19 km

Elevation Gain: +670 m

Day 9 Cloughane to Castlegregory, 29 km

Depart from **Cloughane** along a quiet road that curves inland, offering impressive views of **glacial valleys** to the south. The route passes through **Drom** and **Farrendalouge**, eventually emerging at **Fermoyle Beach**. In contrast to the previous day's mountain terrain, this stunning beach will be your path for much of the journey to **Castlegregory**. Watch for the **Maharee Islands** in Brandon Bay to your left and Fermoyle House. As you reach the top of the strand, the trail passes through the small village of **Fahamore**, where two welcoming pubs offer refreshments. The final stretch of tarmac road leads you to Castlegregory.

Distance: 29 km

Elevation Gain: - 50 m

Day 10 Arrivederci, Dingle Way!

Our services end after breakfast unless you have booked another service with us.

Practical info

**On Arrival:**

The closest airport to get to Tralee is in Dublin.

In Dublin take a train to reach Tralee (sometimes you have to change).

On Departure:

From Casteltregory take the local bus to Tralee.

In Tralee take the train to Dublin (sometimes you have to change).

Included

What is included

- 9 Nights in double room in Guesthouses and B&B with breakfast;
- Luggage transportation from hotel to hotel (max 1 item per person);
- Maps and detailed description of the itinerary in digital form, App;
- Medical and luggage travel insurance;
- 24h phone assistance.

What is not included

- Transfers to the starting location and from the arriving location of the tour;
- Lunches and dinners, if not otherwise stated;
- Visits and entrance fees - tips;
- Personal expense;
- Possible sojourn taxes;
- Everything that is not mentioned in the "What is included" section.

Optional Services

These services can be added to the ones included in the base price of the tour:

- Single room supplement;
- Cancellation insurance;
- Rest days along the way;
- Extra nights in Dublin before and after you walk;
- Transfers to reach the starting location or to leave the arriving location of the tour, which will be quoted on request.