



CAMINOS CLASSIC ROUTES

type :	Hiking Tours Self-Guided
level :	👣 👣 👣 👣
duration :	14 days
period:	Mar Apr May Jun Jul Aug Sep Oct
code:	ITSM001

Cinque Terre & Via Francigena Lucca to Siena - Italy

14 days, PRICE FROM € 1601



Experience the very best of Italy on this unforgettable **14-day Cinque Terre and Via Francigena walking tour**, a journey that blends **coastal beauty, timeless villages, and legendary pilgrimage routes**.

Your adventure begins in the Cinque Terre, based in charming **Monterosso**, where scenic coastal walks wind through **colorful cliffside towns, vineyards, and breathtaking sea views**. After soaking up the Ligurian coast, you'll travel by **train to Lucca**, a **Tuscan gem** encircled by Renaissance walls, and set off on the **most iconic stretch of the Via Francigena**, walking from **Lucca to Siena** through rolling hills, medieval hamlets, olive groves, and vineyards steeped in history.

The journey concludes in magnificent **Florence**, where you'll celebrate the end of your walk in the **cradle of the Renaissance**, surrounded by world-class art, architecture, and culture — an inspiring finale to a **truly immersive Italian experience**.

Route

Day 1 Arrive in Monterosso

Your journey begins with your arrival in **Monterosso**, the largest and most welcoming of the Cinque Terre villages. Once you arrive, take time to settle into your accommodation and soak in the relaxed **coastal atmosphere**, surrounded by the colors, scents, and sounds of the Mediterranean. This charming seaside town is the **perfect starting point for your walking adventure**.

Day 2 Monterosso Loop, 12 km

Today's walk is exceptionally scenic, with sweeping views over the coastline and the inland mountain ranges. If you prefer a shorter route, you can begin the walk from **Colle di Gritta**. From there, follow the elegant mountain ridge, passing through stretches of lush forest until **reaching Punta Mesco**, one of the most spectacular **viewpoints** in the area. You'll then return to **Monterosso**.

Distance: 12 km

Elevation Gain: +885/-885 m

Day 3 Selection of walks in Monterosso

Today you can spend a day **hanging around the Cinque Terre**, enjoy the sun and the blue sea. As an alternative **you can choose to walk one of the itineraries described below.**

WALK A: Soviore-Vernazza-Monterosso

The itinerary starts from the **Soviore Monastery**: before beginning your walk, enter its door to admire the **beautiful frescoed vault**. After a brief stretch of asphalted road, you will descend through a panoramic path to the **Madonna di Reggio Sanctuary**, with its beautiful **stone façade** surrounded by **secular trees**. From here you will continue to **Vernazza**: don't miss the **panoramic view from the Santa Margherita church**, before going back to **Monterosso** following the Coastal Road..

Distance: 9 km

Elevation Gain: +330/-740 m

WALK B: Corniglia-Volastra-Riomaggiore

A short train ride takes you to the village of **Corniglia** where the day's itinerary starts. The first part of the walk is quite steep, then you take the path to Volastra where the route becomes flat and very panoramic. The last section to **Riomaggiore** is on steep stairs. In Riomaggiore take a train back to Monterosso.

Distance: 7,5 km

Elevation Gain: +660/-660 m

WALK C: Monterosso-Vernazza-Corniglia

Today you walk along the busy coastal trail that **connects the five villages** of the Cinque Terre. The trail **contours the coastline**, ascending and descending, and it includes some stone staircases that can be challenging. The route is straightforward and easy to follow. At the end of the walk, take the train back to Monterosso.

Distance: 7 km

Elevation Gain: +480/-405 m

Day 4 Travel by train from Monterosso to Lucca

Today you are **travelling by train** from Monterosso to **Lucca**. You have to change train once or twice depending on the time of departure but you will have the **chance to stop in Pisa** and **visit the famous leaning tower**. Arrive in **Lucca** and if you arrive early, **enjoy a visit of the town**, explore its splendid gardens, majestic bell tower and **impressive Piazza Anfiteatro, a 2nd century Roman amphitheatre**. Do not miss a walk along the **tree-lined walls of its perimeter**.

Day 5 Leisure day in Lucca

Spend a leisurely day in **Lucca**, strolling along the **tree-lined walls with views of terracotta rooftops and rolling hills**. Wander the narrow streets of the old town, relax in sunlit piazzas with an espresso, and explore Romanesque churches and artisan shops. **Enjoy a long, relaxed Tuscan lunch** before evening strolls lead to Piazza dell'Anfiteatro for an **aperitivo**, soaking in the city's timeless charm.

Day 6 Travel to Altopascio and Walk to San Miniato, 29 km

Leaving **Altopascio** you will walk along a splendid section of original paved **Via Francigena**. Allow yourself to be charmed by the wild land of the Cerbaie, and enjoy a panoramic view of the old village of **Fucecchio** from the top of the old park with its ancient medieval tower. After crossing over the **river Arno**, you will walk along its banks towards **San Miniato**. The **Seminary** which gives the name to the **main square will amaze you** with its particular facade: enjoy it lit up, perhaps after eating a risotto dusted with the typical white truffle, the pride of the local.

Distance: 29 km

Elevation Gain: +250/-115 m

Day 7 Walk from San Miniato to Gambassi Terme, 24 km

From **San Miniato**, a paved road brings you to a spectacular route crossing the typical **enchanted Val d'Elsa landscape** with its hills, its **vineyards and olive groves**. Following the Sigeric's diary you meet two "Submansiones": **Pieve di Coiano** (XXI, Sce Peter Currant) and **Pieve a Chianni** (XX, Sce Maria Glan), then you arrive at your accommodation.

Distance: 24 km

Elevation Gain: +400/-220 m

Day 8 Walk from Gambassi to San Gimignano, 13,5 km

Today you enjoy the wonderful surroundings of the Via Francigena. Before walking up to the peculiar villages of **Collemuccoli** and **Pieve di Cellole**, stop for a visit at the **Sanctuary in Pancole**. If you arrive early, take some time to visit the famous town of **San Gimignano** and enjoy its charming medieval atmosphere.

Distance: 13,5 km

Elevation Gain: +350/-350 m

Day 9 Walk from San Gimignano to Colle di Val d'Elsa, 12 km

Today you walk a gorgeous path of the Via Francigena. Going up and down the Tuscan hills, crossing vineyards, olive groves, fields and woods, you finally reach your accommodation in **Gracciano d'Elsa or in Colle Val d'Elsa**. Along the way, you can make a detour to discover the fascinating **Abbey of Santa Maria a Coneo** of the XI century.

Distance: 12 km

Elevation Gain: +270/-380 m

Day 10 Walk from Colle Val d'Elsa to Monteriggioni, 15 km

From Gracciano or Colle Val d'Elsa, **cross Pieve a Elsa** and meet the ancient **Etruscan Thermae (hot pool) of Caldane**. After reaching **Strove** and its beautiful **Romanesque Church**, continue walking along the particular complex of **Abbadia a Isola** till you reach the medieval town of **Monteriggioni**, surrounded by its peculiar crown of towers.

Distance: 15 km

Elevation Gain: +250/-190 m

Day 11 Walk from Monteriggioni to Siena, 20 km

Leaving **Monteriggioni**, you walk on **dirt roads along the Montagnola Senese**, the main hilly area in the district. You pass the ancient medieval suburb of **Cerbaia** that appears currently abandoned. Across the wood you reach the **Castle of "Chiocciola"** then descend the old river of the **Pian del Lago**. At the end of the Renai forest, enter the beautiful town of Siena for its ancient pilgrim's access of **Porta Camollia**.

Distance: 20 km

Elevation Gain: +300/-250 m

Day 12 Leisure Day in Siena

Situated along three ridges at the southern end of the Chianti hills, **Siena is another UNESCO city not to be missed**. The town explodes with excitement during the famous **Palio horse race run** several times over summer in **Piazza del Campo**.

The striking **Duomo** is **jam-packed with artworks by Bernini, Michelangelo and Donatello** and is only one of many fascinating sites to explore during your stay. **Today is free to explore this exciting town**; art galleries, museums, atmospheric squares, churches, boutiques, gelaterias – **the choice is endless!**

Day 13 Travel to Florence

Today you are travelling by train or bus from Siena to **Florence**. You might have to change train once in Empoli depending on the time of departure.

Arrive in **Florence** and take a moment to breathe in the air of the **Renaissance**. The wonders that Florence offers are countless, but we suggest starting at **Piazza del Duomo**: don't miss the **Gates of Paradise of the Baptistery of San Giovanni**, which tell the stories of the Old Testament through golden panels of dazzling beauty. We suggest you to arrive early to go for a **city walk around the magnificent squares and by the illustrious Arno River**.

Taste the **local cuisine and enjoy the variety of Tuscan dishes!**

You won't be disappointed!

Day 14 Arrivederci Florence!

Our services end after breakfast, unless you have booked extra nights or other services with us.

Practical info



On Arrival:

Nearly all trains from Genoa go directly to Monterosso, only sometimes you need to change either in Sestri Levante or La Spezia (approximately 1.5 to 2 hours).

From Pisa airport (PSA), you have to change at Pisa Centrale, and again at La Spezia for a local train that stops in Monterosso al Mare (approximately 2 hours).

On Departure:

In Florence you can reach the airport by either bus or train.

Included

What is included

- 13 Nights in double room in **/** hotels , B&B and agriturismo with breakfast
- 2 dinners
- Luggage transportation from hotel to hotel (1 item per person, max 20 kilos, size 65x40x30 cm)
- Official guidebook, App
- Pilgrim Passport
- Cinque Terre Card for Cinque Terre National Park, valid for 2 days
- Medical and luggage travel insurance
- 24h phone assistance

What is not included

- Transfers to the starting location and from the arriving location of the tour
- Lunches and dinners, if not otherwise stated
- Visits and entrance fees - tips
- Personal expense
- Possible sojourn taxes
- Everything that is not mentioned in the "What is included" section.

Optional Services

These services can be added to the ones included in the base price of the tour:

- Single room supplement
- Cancellation insurance
- Transfers to reach the starting location or to leave the arriving location of the tour, which will be quoted on request.
- Travel documentation in printed form (maps and detailed description of the itinerary), shipped to the first hotel
- Extra nights