




#### WALKING MOUNTAIN

type : Self-Guided  
 level :   
 duration : 4 days  
 period: Jul Aug Sep  
 code: 2ATINN50

## The Arlberg Trail - Austria

In 3 different difficulty levels

4 days, PRICE FROM € 595



Known as the “cradle of alpine skiing,” **the Arlberg is just as magical in summer**—though still a well-kept secret. Here, the Verwall, Lechquellen, and Lechtal Alps meet, creating a patchwork of alpine meadows, colorful rocks, glistening lakes, and shady valleys.

The Arlberg Trail links all **five villages**—Lech, Zürs, Stuben, St. Anton, and St. Christoph—into one circular route. In three stages, with cable cars easing the way, you’ll cover 40 km of breathtaking trails. **Each day offers the choice between the original route or gentler alternatives**, with luggage transfer included so you walk free and light. Evenings are spent in carefully selected hotels in St.

## Route

### Day 1 Arrive in St. Anton am Arlberg

The Arlberg Trail adventure begins in **St. Anton am Arlberg**.

Over the next three days, you will traverse the **impressive high mountain region around the Arlberg Pass**. It’s best to arrive a bit earlier in the day to explore the famous alpine village and enjoy the amenities of your hotel.

### Day 2 Walk from St. Anton to Stuben

The tour begins with the Galzigbahn cable car, which takes you **up to 2,082 meters**. From the mountain station, the trail leads through varied alpine landscapes. The **Paul-Bantlin path** follows along the **Albonaseen lakes**, whose crystal-clear waters and surrounding mountain scenery make for a delightful stop. The trail continues to the **Kaltenbergerhütte**, ideal for a break. The descent goes through meadows and moors down into the valley, past the **Stubener Lake**, before the tour ends in Stuben am Arlberg.

*Distance: 13,5 km;*

*Elevation Gain: +428/-1098 m*

**You can walk a more CHALLENGING version (original route)**

*Distance: 16,3;*

*Elevation Gain: +714/-1367 m*

**You can walk an EASIER version**

*Distance: 11,6 km;*

*Elevation Gain: +561/-466 m*

### Day 3 Walk from Stuben to Lech

From Stuben, the gateway to the Arlberg, the tour follows a **forest path towards the Flexen valley**. Then the trail climbs briefly but steeply on the Franz-Josef path towards the Flexen Pass. Along the hike, you'll repeatedly enjoy **impressive views of Stuben**, located at 1,407 meters above sea level. Soon you reach the **European watershed**, marking the boundary between Northern and Southern Europe. From here, the path gently descends towards **Zürs** until you reach the **Seekopfbahn cable car**. This takes you comfortably **up to 2,212 meters**. At the top, you can enjoy not only the breathtaking view of Zürsersee but also the option to refresh yourself at the Seekopf Panorama Restaurant. From there, you **hike downhill over the Wiesele** until you finally reach the charming town of **Lech am Arlberg**, where the tour ends.

*Distance: 12 km*

*Elevation Gain: +388/-880 m*

**You can walk a more CHALLENGING version (original route)**

*Distance: 13,8 km*

*Elevation Gain: +682/-1158 m*

**You can walk an EASIER version**

*Distance: 11,1 km;*

*Elevation Gain: +447/-404 m*

### Day 4 Walk from Lech to St. Anton

From Lech, take the regular bus to the Trittkopfbahn cable car in Zürs. From there, the trail follows along the **Zürsbach stream** and past the Flexen Pass on a familiar section of the route. Just before the Flexen gallery, follow the **Gafri path past the Hölltobel towards Alpe Rauz**. Here begins the ascent to the **Ulmer Hütte at 2,255 meters**, which invites you to take a break with its magnificent views of the surrounding mountains. From the hut, the trail leads past the **Arlensattel Speichersee**, downhill to the mountain station of the Galzigbahn cable car, which will comfortably bring you back to St. Anton. Your luggage will be delivered back to the hotel in St. Anton where you first stayed at the start of the Arlberg Trail.

*Distance: 11 km*

*Elevation Gain: +850/-480 m*

**You can walk a more CHALLENGING version (original route)**

*Distance: 14 km*

*Elevation Gain: +1200/-900m*

**You can walk an EASIER version**

*Distance: 6,4 km;*

*Elevation Gain: +74/-693m*

## Practical info

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### How to Get There & How to Leave

Reaching the Arlberg is simple and scenic. The closest airports are Innsbruck (Austria, about 100 km away) and Zurich (Switzerland, about 200 km away). From both, regular train connections bring you straight to St. Anton am Arlberg, the gateway to your adventure.

Trains in Austria and Switzerland are reliable, comfortable, and a beautiful way to ease into the alpine atmosphere—you'll find full schedules and tickets at [www.oebb.at](http://www.oebb.at) and [www.bahn.de](http://www.bahn.de). Once you arrive in St. Anton, most hotels are just a short walk from the station.

At the end of your journey, you'll return to St. Anton, making it just as easy to continue your travels or head back to the airport. Whether you extend your stay in the Alps or catch your train home, the Arlberg is wonderfully connected to the wider world.

## Included

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### What is included

- 3 Nights in selected \*\*\*/\*\*\*\* hotels with breakfast
- Luggage transportation from hotel to hotel (1 item per person, max 20 kilos)
- Maps and detailed description of the itinerary
- Medical and luggage travel insurance
- 24h phone assistance

### What is not included

- Transfers to the starting location and from the arriving location of the tour
- Lunches and dinners, if not otherwise stated
- Visits and entrance fees - tips
- Arlberg Trail Ticket (includes all necessary cable car rides, €72)
- Personal expense
- Possible sojourn taxes
- Everything that is not mentioned in the "What is included" section.

### Optional Services

These services can be added to the ones included in the base price of the tour:

- Single room supplement
- Cancellation insurance