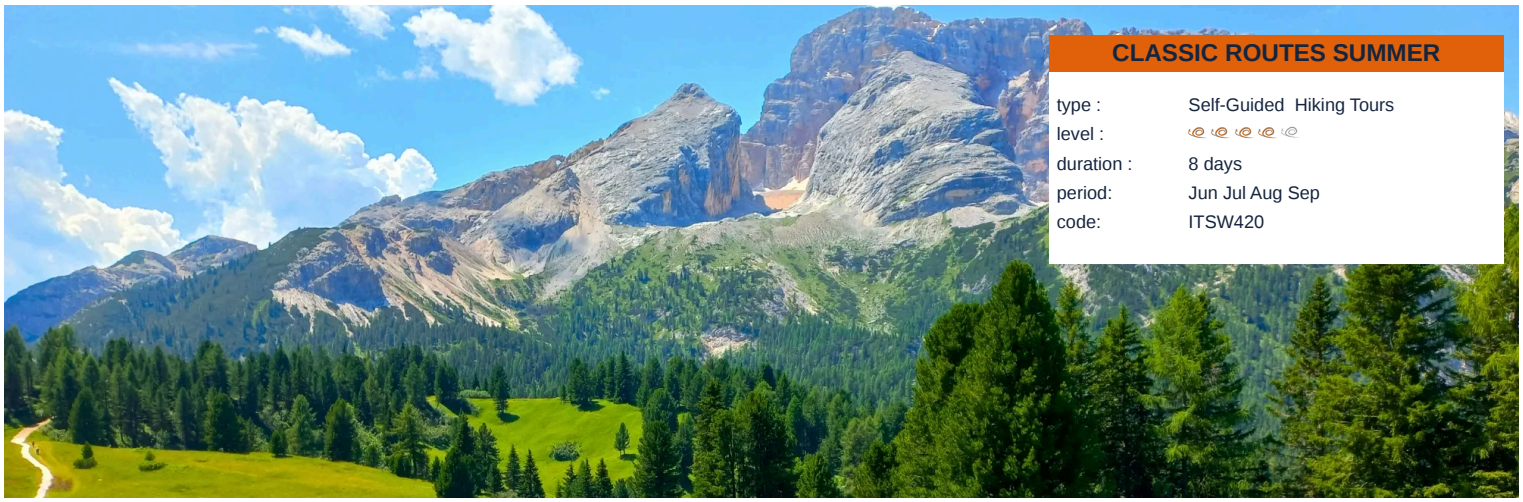

CLASSIC ROUTES SUMMER

type :	Self-Guided Hiking Tours
level :	
duration :	8 days
period:	Jun Jul Aug Sep
code:	ITSW420

Dolomites: Alta Via 1 - Italy

Dolomites: Alta Via 1

8 days, PRICE FROM *€ 1777*



Experience the **Dolomites hiking Alta Via 1**, a journey through the magical atmosphere of Italy's most iconic mountains. Along this legendary trail you'll cross wild open spaces, green meadows and **jagged peaks** rising against the deep blue sky. From start to finish, the **Alta Via 1 trek in the Dolomites** surrounds you with glaciers, ridges and dramatic massifs, offering breathtaking views that make every step unforgettable.

Some sections involve steeper ascents, but you can often shorten or adjust the day's walk. In any case, the spellbinding scenery and the welcoming mountain huts at the end of each stage make this **Dolomites hiking holiday** an experience well worth the effort.

Route

Day 1 Arrive in Dobbiaco

Arrive with public transport or private transfer to Dobbiaco, check-in at the accommodation and enjoy the **peaceful atmosphere of the Dolomites**.
Take a stroll through the small streets of this charming village, wonderfully located on a plateau surrounded with meadows and pastures and dominated by some of the most beautiful and imposing peaks of the Dolomites

Day 2 Bus to Lake Braies and walk to Sennes plateaux, 9 km

Your first day of walk is **challenging but extremely rewarding:** along the way incredible views like the romantic Braies Lake and the Rifugio Biella, at the feet of the imposing Croda del Becco mountain. Your accommodation for tonight is Fodara Vedla, a mountain shelter immersed in a peaceful scenery of meadows and huts, with **the peaks of Croda Rossa d'Ampezzo, Crystal and Fanes mountains as a background.**

Distance: 9 km

Elevation gain: +979/-342 m

Day 3 From Sennes to Fanes plateaux, 10 km

Today's itinerary runs through **a suggestive, almost lunar landscape:** one of the highlights along the way is the Lake Piciodel, with its typical green color. After a long descent to the Pederu hut you start your final ascent to the Fanes plateau: here you will sleep in a mountain hut surrounded by trees and rugged peaks, in the heart of Fanes, Sennes & Braies National Park.

Distance: 10 km

Elevation gain: +592/-664 m

Day 4 **From Fanes to Rifugio Lagazuoi or Rifugio Valparola, 12 km**

This day is full of highlights: Starting from your hut in Fanes, you walk to the Limo Pass and to the nearby Limo Lake. You continue to the beautiful Lagazuoi Alp, with the small but **enchanting Lake Lagazuoi, a bright blue spot** surrounded by ragged peaks: this area is famous for its **underground tunnels** and trenches **built during WWI.**

Distance: 12 km

Elevation gain: +846/-375 m

Day 5 **From Rifugio Lagazuoi to Rifugio Fedare, 9 km**

From your hut you descend to Falzarego Pass before starting climbing towards the top of Mount Averau. Today's walk is challenging, but the beautiful scenery is definitely worth your efforts: the Rifugio Nuvolau, that you meet along your walk, is said to offer **some of the most beautiful views in the Dolomites area**.

Distance: 9 km

Elevation gain: +666/-510 m

Day 6 **From Passo Giau to Passo Staulanza, 13 km**

Today a short transfer will lead you to the top of Passo Giau. You walk across the beautiful and wild Val Cernera: the views are incredible, **from jagged peaks to peaceful meadows.** Along the walk, you can reach with a short detour the Mesolithic site of Mondeval, where in 1985 a well-preserved skeleton of a hunter of Mesolithic age was found.
From Monte Pelmo, you will descend to Passo Staulanza for your overnight.

Distance: 13 km

Elevation gain: +573/-1038 m

Day 7 **From Passo Staulanza to Rifugio Tissi, 11 km**

This morning you are taken to **Alleghe,** from where the cable car takes you to Col de Baldi. From here, you walk on a nice path until the Coldai Refuge – where you can stop for a deserved break until proceeding to the beautiful mountain lake Coldai. Today's destination is **Rifugio Tissi,** located **in a panoramic position at 2262 metres.** If you have some energy left, don't miss a walk to the nearby peak of the Col Rean, with great views on the valley of Alleghe and the rugged peaks all around.

Distance: 11 km

Elevation gain: +1060/-572 m

Day 8 **Arrivederci Alta Via, 10 km**

In your last day of the tour **you gradually descend** through the high **Val Civetta and Sella di Pelsa along flower fields,** mountain paths and Alpine huts where you can have a nice break in the Alpine garden overlooking the beautiful Valle Corpassa. From here you descend to the Rifugio Capanna Trieste, where a transfer takes you to Agordo. Your arrangement ends here, unless you have booked a transfer or an extra night with us.

Distance: 10 km

Elevation gain: +94/-1327 m

Practical info



From any airport, reach the main train stations and take the train to Dobbiaco (Tobalch) or Villabassa Braies (Niederdorf Prags), with change in Fortezza (Franzensfeste)

Train/bus schedules available on:

- www.trenitalia.com
- fahrplan.oebb.at/bin/query.exe/en (from/to Innsbruck)
- www.sii.bz.it/en/timetable-2017 (Südtirol)



Thanks to our special APP, you will be able to follow the track of the whole trip on your mobile phone, with no need for internet. GPS tracks are available on request.

Included

What is included

- 7 Nights in mountains huts in dormitory (possibility of shared bathroom) and 1 night in a hotel room with breakfast
- 6 dinners (all days except day 1)
- 1 packed lunch
- luggage transfer (except day 4 and day 7)
- transfers (Rifugio Fedare-Passo Giau and Rifugio Capanna Trieste-Agordo)
- maps and detailed description of the itinerary in digital form, app
- Medical and luggage travel insurance
- 24h phone assistance

What is not included

- Transfers to the starting location and from the arriving location of the tour
- lunches and dinners, if not otherwise stated
- visits and entrance fees - tips
- personal expense
- possible sojourn taxes
- everything that is not mentioned in the "What is included" section.

Optional Services

These services can be added to the ones included in the base price of the tour:

- cancellation insurance
- Transfers to reach the starting location or to leave the arriving location of the tour, which will be quoted on request.
- travel documentation in printed form (maps and detailed description of the itinerary), shipped to the first hotel