






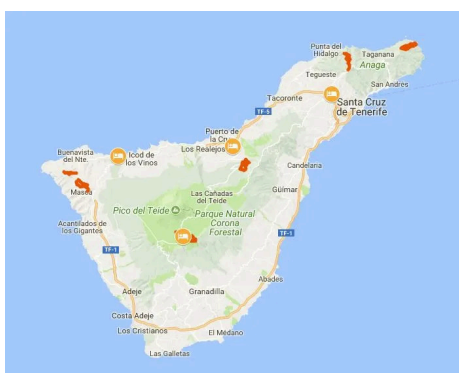
### COASTS & ISLANDS WALKING

type :	Self-Guided Hiking Tours
level :	    
duration :	8 days
period:	Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec
code:	ESSWS02

## Walking in Tenerife, vulcanoes and forests - Spain

### Walking in Tenerife, vulcanoes and forests

8 days, price from € 581



Tenerife is not just about the sea and entertainment – **it's the perfect destination for trekking**, among the most fascinating of the Canary Islands due to its vast array of landscapes.

Laurel rainforests, vast deserts with captivating basalt formations, wetlands with dense vegetation, volcanic slopes in brilliant colors... **all the way up to the king of peaks in all of Spain: El Teide**, one of the three tallest volcanoes on the planet, **revered and worshiped by ancient civilizations as a deity**.

It's a world of extraordinary beauty that seems far removed from the coasts bustling with dancing tourists, but **this marvelous island has it all**.

**The journey is self-drive**, with no scheduled transfers, so car rental is necessary (we can include it as an additional service

## Route

### Day 1 Arrival in La Orotava

Flight to Tenerife North airport and arrival at the first accommodation in La Orotava, with its lovely historical quarter centered around the Plaza de la Constitución. For early arrivals, time to take a stroll along the steep lanes of this picturesque village.

## **Day 2 Orotava Valley, 13 km**

Today's route begins with a short drive to Aguamansa, where you encounter the wooded slopes of El Teide. Here you begin a circular walk through the lush vegetation of the Valle de Orotava. Lovely views of the entire valley, several options to make your walk longer or shorter according to preference.

*Distance:* 13 km

*Elevation gain:* +965/ -965 m

## **Day 3 Onward to Garachico, 8-15 km**

Today you drive to your next accommodation, situated in the coastal town of Garachico, with lava fields and laurel woods along the way. Several walks to choose from, as you explore the hilly terrain near Punta de Teno, a true paradise on Tenerife's westernmost cape. Admire the intriguing mix of flora, here at "land's end" or take a rest day to relax at the beach.

*Distance:* 8-15 km

*Elevation gain:* +525/ -650 m

## **Day 4 Masca Gorge, 7,5-11 km**

Today's walk offers a stunning gorge, "el Barranco de Masca", and the chance to visit the village of Masca, with its shops, cafés and restaurants. There are 2 walks to choose from: a one-way route with return by boat or a there-and-back walk along the gorge. If you're not a fan of sheer drops, you can opt to do one of yesterday's routes.

*Distance:* 7,5-11 km

*Elevation gain:* +205/ -355 m

## **Day 5 Las Cañadas del Teide, 4,5-16 km**

Today you drive to the Parador at las Canadas, at the foot of El Teide. Remainder of the day to enjoy your impressive surroundings, with 2 walks to choose from: a short, circular route around Roques de Garcia, or a demanding but rewarding ascent to Guajara, the second highest peak on Tenerife.

*Distance:* 4,5-16 km

*Elevation gain:* +500/ -500 m

## **Day 6 From Las Cañadas to La Laguna, 5 km**

Today you get better acquainted with El Pico del Teide, wandering through the bizarre landscape of Las Cañadas. Again, several options: do one of the routes from yesterday, or opt for a stroll round Santa Cruz or La Laguna.

*Distance:* 5 km

*Elevation gain:* +100/ -100 m

## **Day 7 Northern Tenerife, 9-12 km**

Several routes to choose from, after driving to the north side of the island. Both walking and driving itineraries offer lovely views. On foot, you follow coastal paths, deep gorges and picturesque farming villages. Exquisite landscapes in the prettiest part of Tenerife.

*Distance:* 9-12 km

*Elevation gain:* +650/ -400 m

## **Day 8 End of arrangement**

Your walking program comes to an end today after breakfast. Departure from La Laguna.

## Accommodation

---

7 nights' accommodation at very comfortable hotels on a BB basis



### Hotel Alhambra - Orotava

This is a family run hotel centrally located in Orotava housed in a palace with a classic style overlooking El Teide, the valley and the sea. Rooms have an antiques style, well-finished and clean. Free Wifi in common areas. The hotel offers also an external swimming pool and a sauna.

[www.alhambra-orotava.com](http://www.alhambra-orotava.com)



### Hotel La Quinta Roja - Garachico

This Hotel is housed in a restructured 16th century palace and it was the historic dwelling of Marquess of Quinta Roja. A few steps from the beach and the Garachico natural swimming pool, the hotel offers elegant rooms with traditional wooden ceilings and neutral colour with TV. air conditioning, free Wifi, private bathroom. The structure offers also a sauna, a jacuzzi and a garden terrace.

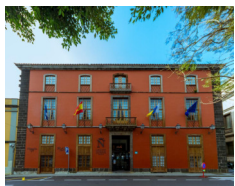
[quintaroja.com](http://quintaroja.com)



### Parador Cañadas del Teide - Las Cañadas del Teide

This Hotel is located in a very good position next to the vulcano in the stunning Teide National Park overlooking surrounding. Rooms are elegant, well-finished and clean with TV. The structure offers a swimming pool and telescopes for to admire stars.

[www.parador.es](http://www.parador.es)



### Hotel Laguna Nivaria - San Cristobal de la Laguna

Hotel Laguna is housed in a charming 16th-century mansion in San Cristóbal de la Laguna's old town, a UNESCO World Heritage Site. Rooms are elegants and comfortable, spacious and bright with free Wifi, air conditioning/heating, TV and a kitchenette and fridge. Hotel also has a restaurant that proposes international and canarian cuisine with biological products.

[www.lagunanivaria.com](http://www.lagunanivaria.com)

## Practical info

---



In the documentation of your trip you will find driving instructions for transfers between arrival/departure airports and hotels.



Thanks to our special APP, you will be able to follow the track of the whole trip on your mobile phone, with no need for internet. GPS tracks are available on request.

## Included

---

### What is included

- 7 Nights in double room in \*\*\* hotels and B&B with breakfast
- maps and detailed description of the itinerary
- Medical and luggage travel insurance
- 24h phone assistance

### What is not included

- Transfers to the starting location and from the arriving location of the tour
- car rental
- lunches and dinners
- visits and entrance fees - tips
- personal expense
- possible sojourn taxes
- everything that is not mentioned in the "What is included" section.

### Optional Services

These services can be added to the ones included in the base price of the tour:

- Single room supplement
- cancellation insurance