



GASTRONOMY COASTS & ISLANDS

type : Self-Guided Hiking Tours Family Holiday
 level : 
 duration : 8 days
 period: Mar Apr May Jun Jul Sep Oct
 code: ITSW300

Salento Coast, Otranto to Lecce - Italy

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8 days, price from € 773



This coastal route from **Otranto** to **Gagliano del Capo** is a perfect synthesis of everything wonderful Puglia has to offer: **beautiful views, crystal clear sea, little-known villages** waiting to be explored and an **untamed nature** to be walked through.

After a delightful loop tour through **orange and olive groves**, you leave Otranto to follow a **terracotta-colored path** bordering the sea and leading you towards the lighthouse of **Punta Palascia, the Easternmost point of the Italian peninsula**, and then to the small cove of Porto Balisco.

In the following days you walk through **small fishing villages**, thermal towns and ancient Messapian cities, to then conclude your trip among the **Baroque palaces and Roman remains** in the center of **Lecce**.

This trip is a **celebration for all senses** - nature gets more vivid and present with each step, accompanying you with the **sea-scented breeze** gently **blowing through the olive trees**, the song of the **cricket**, the aroma of **wild fennel and licorice** and the **azure twinkle of the sea**.

Route

Day 1 Otranto

As soon as you get settled in your accommodation, step outside and breathe in the incredibly fresh, crisp air of the **Mediterranean Sea**. In the afternoon you can visit the historic centre, and in the evening, let all your senses be delighted as you prepare for your phenomenal walking adventure ahead.

Day 2 Otranto circular walk, 7,5 km

Today's walk is a good warm-up hike, it takes you to discover the small **Idro valley**, that gives Otranto (Hidrunum) its name. The Idro river spring is about 5km from Otranto, in a location called Monte S. Angelo; the land you will be walking in is very fertile, with orchards, olive trees, oranges and a variety of vegetables. You begin the hike on the orographic left side of the river, upstream, cut into the olive tree's fields and pass by the S. Angelo rock church, then descend along the right side of the stream, back to the Otranto, known as the "**Pearl of the Orient**".

Distance: 7,5 km

Elevation gain: +96/-96 m

Day 3 From Otranto to Porto Badisco, 12,5 km

Walking through the **maze** of the narrow alleys of the old town you reach the new port. Here a flat, gravel coastal path contours around a series of coves. You pass by several WWII bunkers and you can make a short detour to an interesting "bauxite lake", going slightly inland. Following the coast you have several "beach stop", with **crystal clear waters**. You continue along the coast towards the clearly visible **Punta Palascia** Lighthouse. At some points the knee high Mediterranean vegetation becomes thick and you need to find your way, but as long as you have the lighthouse in front and the sea on your left you are on the right track! On clear days you can see the Albanian mountains across the Adriatic Sea. Punta Palascia lighthouse is the easternmost point of Italy and 71km away from Albania.

Distance: 12,5 km

Elevation gain: +271/-239 m

Day 4 From Porto Badisco to Santa Cesarea Terme, 13 km

The first stop of today's walk is the beautiful inlet of **Porto Badisco**, just before the local bar/newsagent/supermarket where they make great coffee and sandwiches for today's picnic. Continue contouring the coast following a shepherd's path where you will see the typical "pagliari", round, flat topped, dry stone building where the shepherds used to sleep. After 6km you leave the coast, climbing up to the inland plateau. Here you follow narrow paths through the fields. At 8,5 km there is a good pic-nic spot in a little **pine tree forest** that offers great shade on sunny days. The last section is on a surfaced road, descending to the Spa town of **Santa Cesarea Terme**. Here there are great swimming spots.

Distance: 13 km

Elevation gain: +202/-170 m

Day 5 From Santa Cesarea Terme to Marittima, 11,5 km

Leave **Santa Cesarea**, climbing uphill on the surfaced road until you reach an old gravel/grass dry-stone walled road. Staying inland follow narrow paths through the fields until the **Ancient Messapian town** of Castro, with its imposing high walls. Spend some time exploring the old town and maybe having lunch before descending to the port where you can go swimming. Continue along the coast on a uneven, rocky trail to the Acquaviva coave. A beautiful hidden inlet and a fantastic swimming spot where a fresh water spring comes out at sea level, a. The last part of the path climbs up the thickly forested Acquaviva valley towards **Marittima**

Distance: 11,5 km

Elevation gain: +309/-243 m

Day 6 From Marittima to Marina Serra, 13,5 km

After buying a good sandwich in **Marittima** you initially follow a surfaced road that winds it's way through orchards of immense olive trees. You then the first of several traditional "tratturi", a system of ancient roads and footpaths used by the locals to go down to the sea or to connect villages and orchards. Each stone tells the story of a hard peasant life The sea is in front of you when you descend to **Tricase Porto**, where you can taste a good "**caffè in ghiaccio**" (iced coffee) and go for a swim. From here you have some asphalt to today's final destination: **Marina Serra** a small coastal hamlet with great swimming spots.

Distance: 13,5 km

Elevation gain: +313/-372 m

Day 7 From Marina Serra to Gagliano del Capo, 12,5 km

The last day's walk starts with a short uphill trail called "enemy's path", **Sentiero del Nemico**: the ideal place to lay an ambush to unexpected visitors in the old times. After some asphalt on the costal road the walk goes back inland on more ancient "tratturi", finally reaching Novaglie, a nice rocky beach stop. Here starts the breath-taking "**Cipolliane path**", named after the caves you can visit along the way, that leads you to the Ciolo bridge, the last great swimming spot on this trip. From the tiny Ciolo cove, you walk up the Ciolo valley to **Gagliano del Capo** where you take the train to **Lecce** for your last night in the beautiful Baroque city.

Distance: 12,5 km

Elevation gain: +429/-381 m

Day 8 Lecce

Last day included. Service ends after breakfast.

Accommodation

Nights in double room in **/** hotels , B&B and agriturismo with breakfast



Hotel San Giuseppe - Otranto

Hotel San Giuseppe is set in a 16th-century farmhouse typical of the Puglia region and it's a well-finished and relaxed location in Otranto's historic center just a few steps from the sea. Rooms are well-furnished and beautifully decorated with air conditioning/heating, TV, free Wifi. Quality breakfast is rich. Staff is helpful and courteous.

www.hotelsangiuseppeatranto.it



Masseria Panareo - Porto Badisco

Masseria Panareo is surrounded by olive trees overlooking the sea. Rooms are furnished in rustic style and at the same time are elegant, well-finished and spacious with free Wifi, telephone, TV. The structure has an external swimming pool and a restaurant with a view on the sea that proposes regional and Italian dishes, made with fresh, local ingredients. Breakfast is very good with fresh products.

www.masseriapanareo.com



Grand Hotel Mediterraneo - Santa Cesarea Terme

Grand Hotel Mediterraneo offers beautiful views of the coast of Salento, from its terrace and some of the rooms. Rooms are basic and functional with TV, air conditioning, free Wifi, telephone with direct line. Breakfast buffet is good and it is served on the terrace with sea view.

www.grandhotelmed.it



B&B Palazzo Vecchio - Marittima

B&B Palazzo Vecchio is an historic castle renovated situated in the historic center of the city and just 10 minutes from the beach and 2 km from Adriatic Sea. The environment is relaxed with external swimming pool and it offers rustic style rooms with air conditioning, TV, free Wifi. Breakfast is served in the courtyard.

www.bebpalazzovecchio.it



B&B Il Rifugio dei Lavaturi - Marina Serra

This B&B is just 3 minutes by walk from beach of Marina Serra. Rooms are spacious and furnished in a simple way overlooking the garden and have free Wifi and TV. Breakfast is served together at the other guests.

BB-Rifugio-dei-Lavaturi



Grand Hotel Di Lecce - Lecce

Grand Hotel is located in the historic center just 200 m from Lecce Railway Station. The location is elegant and refined with Lecce Baroque architecture. Rooms are spacious, well-finished and beautifully decorated and have these comforts: air conditioning, telephone, TV, free Wifi. Breakfast is rich of savory and sweet dishes served at the poolside or into a loggia.

www.grandhoteldilecce.it

Practical info



If you land in Brindisi, you have several alternatives:

- Salento Easy Shuttle, which connects Brindisi Airport to Otranto;
- STP bus or taxi to Brindisi train station, and then a Marozzi direct bus to Otranto;
- train from Brindisi train station to Lecce and then direct bus to Otranto.

In you land in Bari, you need to reach Bari Centrale train station by either train or bus. From there, you catch a train to Lecce, and then a direct bus to Otranto.

On departure, you can take a train from Lecce to either Brindisi or Bari train station and then a bus to the relative airport.



Thanks to our special APP, you will be able to follow the track of the whole trip on your mobile phone, with no need for internet. GPS tracks are available on request.

Included

What is included

- 7 nights in double room in **/** hotels , B&B and agriturismo with breakfast
- Luggage transportation from day 3 to day 7
- 2 dinners (Porto Badisco, Marina Serra)
- Maps and detailed description of the itinerary in digital form, app
- Medical and luggage travel insurance
- 24h phone assistance

What is not included

- Transfers to the starting location and from the arriving location of the tour
- Lunches and dinners, if not otherwise stated.
- Visits and entrance fees - tips
- Personal expense
- Possible sojourn taxes
- Everything that is not mentioned in the "What is included" section.

Optional Services

These services can be added to the ones included in the base price of the tour:

- Single room supplement
- Cancellation insurance
- Transfers to reach the starting location or to leave the arriving location of the tour, which will be quoted on request.
- travel documentation in printed form (maps and detailed description of the itinerary), shipped to the first hotel